



# SAGINAW COUNTY COMMUNITY RESOURCE GUIDE

Linking families to community resources



# Resource Guide

The Resource Guide is a comprehensive directory of community resources for families and service providers in the Saginaw County area.

The Resource Guide is a fast and easy way to search for programs, local organizations, and information for children and families.

This guide may be duplicated off of our website: [www.saginawpublichealth.org](http://www.saginawpublichealth.org)  
under “Resources” and “Publications” tab

To add your program or organization or make changes to the Resource Guide, please call:  
**989.758.3880**

All information is subject to change.



## Saginaw County HEALTH DEPARTMENT

Caring experts, advocates & champions.

For health. For everyone.



find us on

**Facebook**

We hope you'll take some time to visit our site.

We can be found by going to:

**Saginaw County Health Department**

“Like” us to stay updated on  
new announcements and upcoming events.



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## Toll-Free Resources

Children’s Special Health Care Services	800.359.3722
MDHHS Hotline	800.648.6942
National Center for Missing & Exploited Children	800.843.5678
Poison Control	800.222.1222

# FIRE, POLICE OR MEDICAL EMERGENCY: 911

## Non-Emergency:

Bay County Central Dispatch	989.892.9551
Saginaw County Central Dispatch	989.797.4580
Midland County Central Dispatch	989.839.6464
Tuscola County Central Dispatch	989.673.8738
Arson Tipline	800.442.7766
Bureau of Alcohol, Tobacco, Firearms & Explosives (ATF)	800.800.3855
Consumers Energy (Electric & Gas Emergency)	800.477.5050
Crisis Intervention Services	989.792.9732 800.233.0022
Drug Enforcement Administration (DEA)	989.754.2330
If no answer, call DEA Detroit	313.234.4000
FBI - Bay City office	989.892.6525
If no answer, call Detroit	313.965.2323
National Center for Missing & Exploited Children	800.843.5678 TTY: 800.826.7653
National Child Pornography Tipline	800.843.5678
National Domestic Violence Hotline	800.799.7233 TTY: 800.787.3224
National Human Trafficking Resource Center	888.373.7888
National Parent Helpline	855.427.2736
National Response Center (Oil & Toxic Chemical Spills)	800.424.8802
National Runaway Safe Line	800.786.2929
National Sexual Assault Hotline	800.656.4673
National Suicide Prevention Hotline	800.273.8255

## **2-1-1 NORTHWEST MICHIGAN**

www.211nemichigan.org  
2007 Austin St., Ste U, Midland, MI 48642  
**211**  
**1-888-636-4211**

2-1-1 is an information and referral non-pro-fit that helps connect those that want to give or get help to the community resources available in their area. Get connected to community resources (food, utility assistance, youth programs, crisis calls, disability assistance, rent payment , etc) 24 hours a day 7 days a week.



# A

## ADOPTION ASSOCIATES, INC.

[www.adoptionassociates.net](http://www.adoptionassociates.net)

### Corporate Office—Western Michigan

1338 Baldwin, Jenison, MI 49428

**616.667.0677**

**800.677.2367 (toll-free)**

### Eastern Michigan

26105 Orchard Lake Road, Ste. 301

Farmington Hills, MI 48334

**248.474.0990**

**877.257.3591 (toll-free)**

### Central Michigan

612 S. Creyts Road Lansing, MI 48917

**517.327.1388**

**877.869.4196 (toll-free)**

### Mid MI Northeastern

115 S. Main St., Suite 2B, Freeland, MI 48623

**989.497.5437**

**877.869.4196 (toll-free)**

Assists in planning adoption for birth mothers and adoptive parents. Provides legal assistance, and support groups. Exists to promote domestic and international adoption .

## ALCOHOLICS ANONYMOUS

**989.776.1241 (24 hour hotline)**

A nonprofessional fellowship where members share their experience, strength and hope in order to solve their common problems.

## ADULT ED/GED & YOUNG ADULT ED

Formerly ETC

### Adult Education (20+) & Young Adult Education (16-20)

2415 N. Charles, Saginaw, MI 48602

**989.791.5170**

Provides GED preparation, GED testing and high school completion.

## ALETA E. LUTZ VA MEDICAL CENTER (Veterans Administration Hospital)

[www.saginaw.va.gov](http://www.saginaw.va.gov)

1500 Weiss, Saginaw, MI 48602

**989.497.2500**

Veterans of the United States armed forces may be eligible for a broad range of programs and services provided by the VA. Eligibility for most VA benefits is based upon discharge from active military service under other than dishonorable conditions, and certain benefits require service during wartime.

## AMERICAN CANCER SOCIETY

[www.cancer.org](http://www.cancer.org)

**800.227.2345**

Provides support, education and prevention materials to those affected by cancer.

## AMERICAN HEART ASSOCIATION

[www.heart.org](http://www.heart.org)

### Great Lakes Bay Region

2649 Woodland Circle, Okemos, MI 48897

**517.319.1057**

**800.242.8721 (toll-free)**

Provides support, education, and prevention materials related to cardiovascular disease.

## AMERICAN RED CROSS

[www.redcross-greatlakesbay.org](http://www.redcross-greatlakesbay.org)

### Saginaw/Bay/Midland

100 S. Jefferson, Room 401, Saginaw, MI 48604

**989.754.8181**

Provides relief to victims of disasters (flood, fire, etc.) and helps people prevent, prepare for, and respond to emergencies. Disaster services include shelter, food, clothing, short-term counseling, advocacy, information and referral. Health and safety services including babysitter training, first aid & CPR classes and water safety.

## ASCENSION—ST. MARY'S OF MICHIGAN

[www.ascension.org](http://www.ascension.org)

### Main

800 S. Washington, Saginaw, MI 48601

**989.907.8000**

Cardiac Rehab	989.907.8733
Case Management	989.907.8122
Emergency	989.907.8200
Field Neurosciences Institute (FNI)	989.497.3117
Laboratory	989.907.8230
Imaging Center	989.907.8164
Rehabilitation Services	989.907.8180
Sleep Center	989.497.3138
X-Ray	989.907.8210

### Other Locations:

#### Towne Center

4599 Towne Centre, Saginaw, MI 48604

**989.497.3000**

#### Seton Cancer Institute

800 S. Washington Avenue, Saginaw, MI 48601

**989.907.8115**

#### Guardian Angel Respite Care

7540 Davis Road, Saginaw, MI 48604

**989.753.0824**

801 Howard Street, Saginaw, MI 48601

**989.907.7348**

# A

## AUTISM SOCIETY

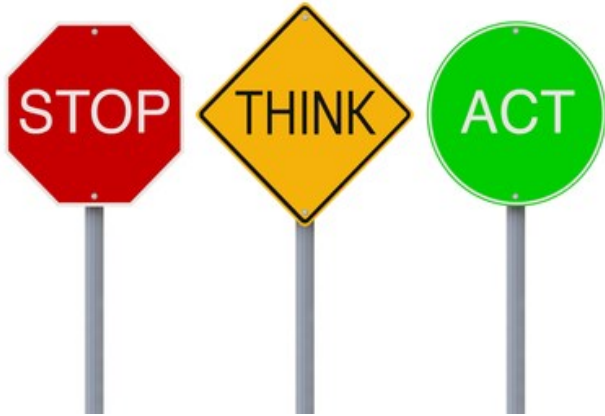
[www.autism-mi.org](http://www.autism-mi.org)

2178 Commons Parkway, Okemos, MI 48864

517.882.2800

800.223.6722 (toll-free)

Provides advocacy, support and education for those affected by autism.



## ALL-HAZARDS

## EMERGENCY KIT



- Water — one gallon per person, per day
- Food — nonperishable, easy-to-prepare items (minimum 3 day supply)
- Flashlight
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- First aid kit (whistle, antibiotic ointment, bandages, face masks, gloves and reference book)
- Medications (7 day supply and medicinal dispensers if necessary)
- Multipurpose supplies (wrench, pliers, plastic sheet, duct tape, scissors, matches)
- Sanitation/personal hygiene items and bleach
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with charger
- Family Disaster Plan (family and emergency contact information)
- Extra cash
- Emergency blankets, extra clothes, sleeping bag (1 for each person)
- Maps of the area

**Consider the needs of all family members and supplies to your kit. Suggested items to help meet additional needs are:**

- Specific medical supplies (hearing aids/extra batteries, glasses, contact lenses, syringes, cane)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys

**For more information visit: [www.cdc.gov/phpr](http://www.cdc.gov/phpr)**





# B

## BETHESDA THRIFT SHOP

5119 Gratiot, Saginaw, MI 48638  
989.792.0391

Clothing for men, women and children, and household items.

## BIG BROTHERS BIG SISTERS OF SAGINAW BAY AREA

[www.saginawbaybbbs.org](http://www.saginawbaybbbs.org)

1910 Fordney, Saginaw, MI 48601  
989.755.6558

Recruits men and women volunteers for one-to-one friendship and guidance relationships with boys and girls ages 5-18 years.

## BIRTH TO 5

School District of the City of Saginaw  
989.399.6850

Supports families with children, birth through 5 years, who live within the Saginaw city limits. Educates on tracking childhood development using the Ages & Stages questionnaire, encourages learning activities, home visits, newsletter, parent support groups, and playgroups. May also help with community resources and parenting classes.

## BRIDGEPORT AREA FOOD PANTRY

3821 State Street, Bridgeport, MI 48722  
989.244.6151

Must call first on Tuesday from 9am-12 pm for a appointment

# C

## CATHOLIC FAMILY SERVICES

[www.cfssite.org](http://www.cfssite.org)

### Administration

5800 Weiss St., Saginaw, MI 48603  
989.797.6638

### Office Locations

710 N. Michigan, Saginaw, MI 48602  
989.753.8446

915 Columbus Avenue, Bay City, MI 48708  
989.892.2504

Counseling services provided for addictive behaviors, blended families, divorce, job loss, workplace problems, etc.

## CENTER OF HOPE

723 Emerson, Saginaw, MI 48601  
989.907.8775

We provide services to help individuals and families to improve health status via educational classes. Pharmacy assistance to those without insurance. Call for more services.

## CHESANING AREA EMERGENCY RELIEF (CAER)

218 Church St., Chesaning, MI 48616  
989.845.6212

Emergency food assistance. Serves residents of Chesaning and St. Charles. Must bring picture ID. Assistance is available one time every 6 months.

## CHILD ABUSE AND NEGLECT COUNCIL OF SAGINAW COUNTY (CAN COUNCIL)

[www.cancouncil.org](http://www.cancouncil.org)

1311 N. Michigan, Saginaw, MI 48602  
989.752.7226

Prevention of child abuse and neglect through education, awareness, advocacy and intervention, including CASA (Court Appointed Special Advocates) and Children's Advocacy Center. "Baby Think It Over Program", "Baby Basics" and "Safe Baby" programs offered.



# C

## CHILD AND FAMILY SERVICES OF SAGINAW COUNTY

[www.childandfamilysaginaw.com](http://www.childandfamilysaginaw.com)

2806 Davenport, Saginaw, MI 48602

**989.790.7500**

**989.790.9118 (Sexual Assault Crisis Line)**

Outpatient individual, family, couple and group counseling. Substance abuse screening, assessment and referral. Services for victims of sexual assault and their families and a comprehensive employee assistance program.

## CHRIST DELIVERANCE CHURCH

5584 Dixie Highway, Bridgeport, MI 48722

**989.777.0041**

Emergency food assistance. Call for more information.

## CITY RESCUE MISSION OF SAGINAW

[rescuesaginaw.org](http://rescuesaginaw.org)

PO Box 548, Saginaw, MI 48606-0548

1021 Burt St., Saginaw, MI 48601

**989.752.6051**

Non-profit faith-based organization that provides emergency assistance to people of Mid-Michigan in their time of need. Food assistance available 4th Wednesday of each month starting at 10:45 am.

## CMU HEALTH

[www.cmuhealth.org](http://www.cmuhealth.org)

[www.cmich.edu](http://www.cmich.edu)

### Saginaw Locations

1000 Houghton Avenue, Saginaw, MI 48602  
(Behind Covenant Cooper Hospital)

1575 Concentric Blvd., Suite 1, Saginaw, MI 48604  
(Corner of Tittabawassee & N. Michigan)

912 S. Washington, Suite 1, Saginaw, MI 48601  
**989.746.7500**

Endocrinology

Family Medicine

Internal Medicine

Rheumatology

Women's Health OB/GYN

General Surgery

Pediatrics

## COMMISSION ON AGING

[www.saginawcounty.com/coa](http://www.saginawcounty.com/coa)

2355 Schust, Saginaw, MI 48603

**989.797.6880**

**866.763.6336 (toll-free)**

The COA provides many programs and services to meet the needs of older adults. Their goal is to help older adults to continue living independently in their own homes. They offer unlimited volunteer opportunities for older adults who desire to stay active and involved in the community.

Services include:

- ♦ Meals on Wheels
- ♦ Dining Senior Style Program
- ♦ Case Management
- ♦ Caregiver Support Program
- ♦ Care Management for Frail Elderly
- ♦ Transportation
- ♦ Foster Grandparent Program

## CONSUMERS ENERGY

[www.consumerenergy.com](http://www.consumerenergy.com)

### Saginaw

2400 Weiss, Saginaw, MI 48603

**800-477-5050 (toll-free)**

To report emergency power outages, downed power lines, carbon monoxide poisoning/testing, and to find out about low income assistance.





# D

## DELTA COLLEGE - DENTAL CLINIC

1961 Delta Rd, University Center, MI 48710  
989.686.9469

Delta College Main

989.686.9000

During the academic school year, provides dental exams, cleaning of teeth, and fluoride treatments by dental hygiene students at a low cost.

## DEPARTMENT OF HUMAN SERVICES (DHS)

[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

411 E. Genesee, Saginaw, MI 48607  
989.758.1100  
989.758.2710 (fax)

Report Abuse & Neglect 24/7 Hotline  
Children's & Adult Protective Services  
855.444.3911

### We Can Help:

Food Assistance  
Cash Assistance  
Child Care  
Medical Assistance  
Emergency Relief

1.888.642.7434

### Foster Care & Adoption:

Foster Care  
Foster Youth in Transition  
Foster Care Age 18-21

1.888.335.3882

Adoption  
Adoption Subsidy

1.800.589.6273

### Child Support:

Eligibility  
Make a Payment  
Account Access  
Application  
Court Orders  
Parent Resources  
Employer Resources  
Locate a Parent

1.866.540.0008

## DISABILITY NETWORK OF MID-MICHIGAN

1705 S. Saginaw road, Midland, MI 48640  
989.835.4041  
1.800.782.4160 (toll-free)  
989-835-8121 (fax)

DNMM is a community-based, consumer-driven rights and advocacy organization that exists to support the determination of individuals with disabilities to lead dignified independent lives and to heighten community awareness of the physical and social barriers which restrict independence.

Information and Referral Specialist are available to link people with community resources, answer questions about disabilities and assist with Social Security, DHHS, Housing and Utilities, Basic Needs, and other types of assistance.

## DOT CARING CENTER, INC.

[dotcaring.com](http://dotcaring.com)

### Saginaw

3190 Hallmark Court, Saginaw, MI 48603  
989.790.3366

Outpatient substance abuse services including dual diagnosis treatment, first offender education and evaluations, intervention services and family counseling.

### Freeland

6840 Midland Rd., Freeland, MI 48623  
989.692.2160

Residential substance abuse services including dual diagnosis treatment and traditional treatment.

## Poison Prevention Tips

### STORE POISONS SAFELY

- Store medicines and household products locked up, where children cannot see or reach them.
- Store poisons in their original containers.
- Use child-resistant packaging. But remember — nothing is child-proof!

### USE POISONS SAFELY

- Read the label. Follow the directions on medicines and products.
- Are children around? Take the product or medicine with you to answer the door or the phone.
- Lock products and medicines up after using them.
- Is it medicine? Call it medicine, not candy.
- Children learn by imitation. Take your medicines where children can't watch.

### TEACH CHILDREN TO ASK FIRST

- Poisons can look like food or drink. Teach children to ask an adult before eating or drinking anything.



If you think someone has been poisoned,  
call your poison center right away —

**1-800-222-1222**

# E

## EARLY ON

3933 Barnard Saginaw, MI 48603  
**989.249.8753**  
**1-800-327-5966**

Provides early intervention services for children birth to 3 years of age.

## EAST SIDE SOUP KITCHEN (HUNGER SOLUTION CENTER)

[www.eastsidesoupkitchen.org](http://www.eastsidesoupkitchen.org)

940 E. Genesee, Saginaw, MI 48601  
PO Box 330, Saginaw, MI 48606  
**989.755.3663**

Hot lunch served Monday through Friday. One shift per day per person. No requirements. First shift: 11 to 11:20 am. Second shift: 11:50 am to 12:20 pm.

HIV/AIDS testing and counseling is held every other Monday.

## EMERSON HOUSE

[hhhofsaginaw.org](http://hhhofsaginaw.org)

604 Emerson, Saginaw, MI 48601  
**989.907.8986**

Guests are accepted on a first come, first serve basis. If you live more than 20 miles from the hospital and are an adult relative or support person for the patient. Kitchen and laundry facilities are available. Call for fee

## EMMAUS HOUSE

[www.emmaushouse-saginaw.com](http://www.emmaushouse-saginaw.com)

733 S. 14th, Saginaw, MI 48601  
**989.755.7538**

Is a home for women, especially women coming from jail, prison, or rehab. Will provide the women with a family-like, Christian atmosphere while they are creating new lives for themselves.

# F

## FIRST CONGREGATIONAL CHURCH

[fccsaginaw.org](http://fccsaginaw.org)

403 S. Jefferson, Saginaw, MI 48607  
**989.754.6565**

First and second Saturday breakfasts are served every month from 9 to 11 am. Entrance is on Hayden Street.

**Children's Christmas Store**  
first full week in December

Call **989.293.5448** and leave message for more information.

## FIRST WARD COMMUNITY CENTER

[www.firstward.us](http://www.firstward.us)

1410 N. 12th St., Saginaw, MI 48601  
**989.753.0411**

These centers serve as a support/advocacy network for resident of Saginaw County. They provide a range of services to low and moderate income families who reside throughout Saginaw County. Provides food assistance on Wednesday from 7 to 11 am.

## FIRST PRESBYTERIAN CHURCH

121 S. Harrison, Saginaw, MI 48602  
**989.793.9890**

Monday & Wednesday from 9 to 11am Food Pantry.



# G

## GOODWILL INDUSTRIES

[www.goodwill.org](http://www.goodwill.org)

### Retail Store & Donation Center

4675 Bay Road, Saginaw, MI 48604  
**989.791.3408**

A nonprofit provider of education, training, and career services for individuals with barriers. Clothing and household goods donated and sold.

## GREAT LAKES BAY MICHIGAN WORKS

[www.michiganworks.com](http://www.michiganworks.com)

### Service Centers

312 E. Genessee, Saginaw, MI 48607  
**989.752-3145**

4061 N. Euclid, Bay City, MI 48706  
**989.667.0500**

1409 Washington, Midland, MI 48640  
**989.631.3073**

Great Lakes Bay Michigan Works! is a consortium of Saginaw, Midland, and Bay Counties, established to operate workforce development programs for this region.

## GREAT LAKES BAY HEALTH CENTERS

(formally HEALTH DELIVERY, INC. - HDI)  
[www.greatlakesbayhealthcenters.org](http://www.greatlakesbayhealthcenters.org)

### Administrative Offices

**989.759.6470**

### Arthur Hill High School

3115 Mackinaw, Saginaw, MI 48602  
**989.399.5940**

### David R. Gamez Community Health Center

501 Lapeer, Saginaw, MI 48607  
**989.753.6000**

### Bayside Health Center

3884 Monitor Rd., Bay City, MI 48706  
**989.671.2000**

**Dental: 989.922.5650**

### Bridgeport Community Health Center

6297 Dixie Highway, Bridgeport, MI 48722  
**989.759.6460**

**Dental: 989.921.5390**

### Janes Street Academic Community Health Center

1522 Janes, Saginaw, MI 48601  
**989.755.0316**

### Women's Care & Midwifery Services

3175 W. Professional Dr., Bay City, MI 48706  
**989.667.3377**

### Hearth Home (HIV/AIDS testing, support & counseling)

732 Hoyt Street, Saginaw, MI 48601  
**989.753.9011**

### Mobile Dental Program - Smiles Are Everywhere

501 Lapeer, Saginaw, MI 48601  
**989.921.4393**

### Mobile Medical

501 Lapeer, Saginaw, MI 48601  
**989.922.5658**

### Old Town Health Center—Old Town Women's Care

804 S. Hamilton, Saginaw, MI 48602  
**989.921.5372**

### Roosevelt Ruffin Community Health Center

229 Gallagher, Saginaw, MI 48601  
**989.755.3619**

### Saginaw High School

3100 Webber, Saginaw, MI 48601  
**989.399.6120**

### Warren Avenue Dental Center

321 N. Warren Saginaw, MI 48607  
**989.754.7771**

Transportation to HDI Clinic **989.755.2053**



# H

## HABITAT FOR HUMANITY

[www.saginawhfh.org](http://www.saginawhfh.org)

### Saginaw

315 W. Holland, Saginaw, MI 48602  
**989.753.5200**

### Saginaw ReStore

**989.754.9435**

### Bay City

1106 S. Madison Ave, Bay City, MI 48708  
**989.895.0980**

### Bay City ReStore

519 Washington Ave, Bay City, MI  
**989.894.0415**

## HEAD START

[www.saginawheadstart.org](http://www.saginawheadstart.org)

3200 Perkins, Saginaw, MI 48601  
**989.752.2193**

### Early Head Start Administration

**989.752.2193**

They promote your child's school readiness by enhancing their social and cognitive development through the provision of education, health, nutrition, social and other services.

### Locations:

#### Arrowwood

5410 Seidel, Saginaw, MI 48638  
**989.399.8543**

#### Adams Avenue

3427 Adams, Saginaw, MI 48602  
**989.790.5865**

#### Birch Run

12440 Church, Birch Run, MI 48615  
**989.624.9011**

#### Brucker

6005 Fort Road, Bridgeport MI 48601  
**989.777.5521**

#### Brunkow

3000 S. 24th, Saginaw, MI 48601  
**989.752.2193**

#### Chesaning

431 N. 4th, Chesaning, MI 48616  
**989.845.7040**

#### Claytor

3200 Perkins, Saginaw, MI 48601  
**989.752.2193**

## Head Start Locations Continued -

### Hemlock

200 Wilson, Hemlock, MI 48626  
**989.642.5221**

### Jerome Elementary

1515 Sweet, Saginaw, MI 48602  
**989.272.0900**

### Kinder Care Center

511 S. Center, Saginaw, MI 48638  
**989.793.9200**

### Kinder Care Federal

915 Federal, Saginaw, MI 48601  
**989.753.0192**

### Kinder Care Freeland

8800 Carter, Freeland, MI 48623  
**989.695.5388**

### Merrill

345 W. Alice, Merrill, MI 48637  
**989.643.7283**

### SCC (Saginaw Career Complex)

2102 Weiss, Saginaw, MI 48602  
**989.399.6241**

### SSPP

4735 W. Michigan, Saginaw, MI 48602  
**989.799.9006**

### St. Charles

13240 W. Townline Rd., St. Charles, MI 48655  
**989.399.7496**

### Valley Head Start

1815 Tittabawassee, Saginaw, MI 48604  
**989.758.0221**



# H

## HEALTHSOURCE SAGINAW

www.healthsourcesaginaw.org

3340 Hospital Road, Saginaw, MI 48603

**989.790.7700**

**800.662.6848 (toll-free)**

Individual recovery following stroke, brain injury, mental illness or substance abuse. Assists in the healing process after a hospital stay. Provides a home for the elderly.

### Behavioral Professional Services

Pathways Chemical Dependency 989.790.7745

White Pine Psychiatric services 989.790.7745

Behavioral professional services 989.790.7742

### Extended Care Center (Basic and skilled nursing care)

989.790.7865

**Medical Rehabilitation Center** (physical therapy, occupational therapy, speech/language pathology, inpatient rehabilitation unit) 989.790.7815

## HOLY CROSS SERVICES

holycrossservices.org

### St. Vincent Home

925 N. River Road, Saginaw, MI 48609

**989.781.2780**

Services include residential campuses and group homes, charter schools, foster care homes, supervised independent living programs, day treatment and a variety of community-based services.

### Saginaw

1321 S. Fayette, Saginaw, MI 48602

**989.792.8000**

Residential and outpatient substance abuse programs for men

### Queen of Angels

3400 S. Washington, Saginaw, MI 48601

**989.755.1971**

Residential and outpatient substance abuse programs for women and adolescents.

## HEARTH HOME (part of Great Lakes Bay Health)

732 Hoyt Street, Saginaw, MI 48601

**989.753.9011**

HIV/AIDS testing, support and counseling

# I

## INNERLINK RUNAWAY PROGRAM & TRANSITIONAL LIVING PROGRAM

www.scypc.org

1110 Howard, Saginaw 48602

**989.753.3431**

This program provides crisis counseling, temporary shelter, medical care, food, transportation, educational programming and referral services for runaway youth between the ages of ten and seventeen. Innerlink provides short-term emergency shelter care for teen mothers and their children. Innerlink provides services to youth and families who are in crisis and may be in need of a "time-out" period.

The Transitional Living Program is a voluntary program established to provide shelter care and supportive service for homeless individuals between the ages of 16-21 years old.

## DOMESTIC VIOLENCE

**IT CAN BE PHYSICAL  
IT CAN BE EMOTIONAL  
IT CAN BE SEXUAL**

Domestic violence is a pattern of assaultive and coercive behaviors including physical, sexual, psychological attacks as well as economic threats that adults or adolescents use to control their intimate partners.

If you or someone you know is frightened about something in your relationship, or to find out more information about domestic violence programs or counseling, please call the **National Domestic Violence Hotline** at

**1-800-799-7233**

## UNDERGROUND RAILROAD

**989-755-0411**



# L

## LAKESHORE LEGAL AID

lakeshorelegalaid.org  
888.783.8190

### Thumb Area Office

429 N. State Street, Suite 108, Caro, MI 48723  
989.673.5651  
888.783.8190 (toll-free)

Is a not-for-profit law firm providing a wide range of free civil legal services to low income people and seniors in our communities. Lakeshore's attorneys are trained to provide legal advice and counseling, document review and preparation, negotiation, mediation, representation in court, legal education presentations to community groups, and referrals to other available community resources.

## LEGAL SERVICES OF EASTERN MICHIGAN

www.lsem-mi.org

301 E. Genesee, 5th Floor, Saginaw, MI 48607  
800.322.4512 (toll-free)

Is a non-profit law firm that provides free civil legal assistance to low-income people.

## LIBRARIES OF SAGINAW CITY

www.saginawlibrary.org

### Hoyt Main Library

505 Janes, Saginaw, MI 48607  
989.755.0904  
989.755.9831 (TDD)

### Administrative Offices

989.755.9833

### Butman Fish

1716 Hancock, Saginaw, MI 48602  
989.799.9160

### Wickes

1713 Hess, Saginaw, MI 48601  
989.752.3821

### Zael Memorial

3100 N. Center, Saginaw, MI 48603  
989.799.2771

## LIBRARIES OF SAGINAW COUNTY

### Bridgeport

Bridgeport Public Library  
3399 Williamson, Saginaw, MI 4863  
989.777.6030

### Chesaning

Chesaning Public Library  
227 E. Broad, Chesaning, MI 48616  
989.845.3211

### Frankenmuth

Wickson Memorial Library  
359 S. Franklin, Frankenmuth, MI 48734  
989.652.8323

### Hemlock

Raucholz Memorial Library  
1140 N. Hemlock Road, Hemlock, MI 48626  
989.642.8621

### Merrill

Merrill District Library  
321 W. Saginaw Street, Merrill, MI 48637  
989.643.7300

### St. Charles

St. Charles Public Library  
132 S. Saginaw, St. Charles, MI 48655  
989.865.9451

### Taymouth

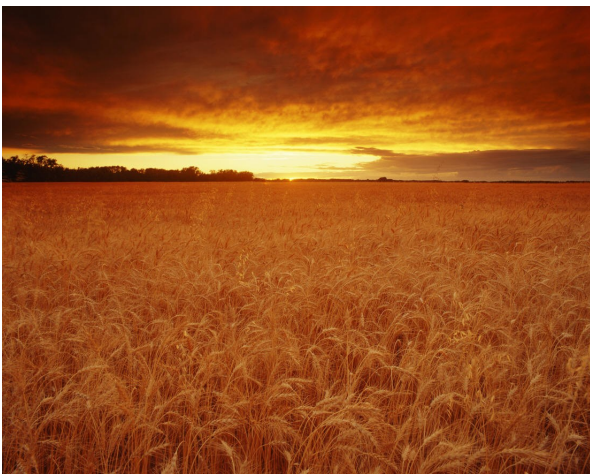
Taymouth Township Library  
2361 E. Burt Road, Burt, MI 48417  
989.770.4651

### Thomas Township

Thomas Township Library  
8207 Shields Drive, Saginaw, MI 48609  
989.781.3770

### White Pine Library Co-Op

Birch Run  
Fleshner Memorial Library  
11935 Silvercreek Drive, Birch Run, MI 48415  
989.624.5171



Chickens can see daylight 45 minutes before humans can.

# L

## LIFECHOICE CLINIC

4364 State St., Saginaw, MI 48603  
**989.754.0091**

LifeChoice offers hope through free and confidential resources like medical, educational, parenting and trauma services. Pregnancy testing, STI testing and treatment. Call for appointment

## LIST PSYCHOLOGICAL SERVICES

[www.listpsych.com](http://www.listpsych.com)

### Saginaw

5024 N. Center Road, Saginaw, MI 48604  
**989.790.3130**

Offers mental health and substance abuse services in an outpatient setting. Treatment is provided for all ages with our wide range of specialists on hand.

# M

## MCLAREN HEALTH PLAN

[mclarenhealthplan.org](http://mclarenhealthplan.org)

G-3245 Beecher Rd, Flint, MI 48532  
**888.327.0671**

HMO insurance provider.  
If you are a member of this HMO, please contact them for transportation assistance.

## MCNALLY HOUSE

[hhofsaginaw.org](http://hhofsaginaw.org)

1701 N. Michigan, Saginaw, MI 48602  
**989.583.0155**

Guests are accepted on a first come, first serve basis. If you live more than 20 miles from the hospital and are an adult relative or support person for the patient. Kitchen and laundry facilities are available. Call for fee

## MERIDIAN HEALTH PLAN

[www.hpmich.com](http://www.hpmich.com)

1 Campus Martins, Suite 700, Detroit, MI 48226  
**888.437.0606 (Customer Service)**

HMO insurance provider.  
If you are a member of this HMO, please contact them for transportation assistance.

# M

## MICHIGAN CHILD CARE CENTER, INC.

[www.kindercare.com](http://www.kindercare.com)  
**989.695.2151 (Main)**

280 S. Main, Freeland, MI 48623  
**989.695.2151**

8800 Carter Road, Freeland, MI 48623  
**989.695.5388**

511 S. Center Road, Saginaw, MI 48638  
**989.793.9200**

928 Ardussi, Frankenmuth, MI 48734  
**989.652.3345**

915 Federal, Saginaw, MI 48607  
**989.753.0192**

1504 W. Thomas, Bay City, MI 48706  
**989.686.9666**

Is a licensed daycare provider serving the Saginaw/Bay City area.

## MICHIGAN OMBUDSMAN PROGRAM

[www.michigan.gov/miseniors](http://www.michigan.gov/miseniors)

**866.485.9393**

Long Term Care Ombudsman program helps address the quality of care and quality of life experienced by residents who reside in licensed long term care facilities such as nursing homes, homes for the aged, and adult foster care facilities.

Long Term Care Ombudsman program is available for concerned relatives to investigate complaints, suggest remedies, and assist with resident rights, payments, issues, guardianship, and nursing home placement.



# M

## MICHIGAN STATE UNIVERSITY EXTENSION

[www.msue.msu.edu](http://www.msue.msu.edu)

723 Emerson St., Saginaw, MI 48607  
**989.907.6500**

MSUE provides knowledge-based educational programs to the state's citizens to improve their lives and communities.

Information available:

- 4H Youth Programs
- Agriculture
- Child Care
- Community & Economic Development
- Housing
- Land Use
- Master Gardner/Home Horticulture
- Nutrition & Health
- Parenting Education
- Sugar Beet Advancement

## MILLET LEARNING CENTER

[www.sisd.cc/education](http://www.sisd.cc/education)

3660 Southfield, Saginaw, MI 48601  
**989.777.2520**

Provides individualized educational programs and services to address the unique needs of Saginaw County students with low incidence disabilities in a welcoming school atmosphere. The diverse student population includes students ages 3 through 25 with moderate to severe performance challenges. These are expressed either individually or in combination by cognitive impairment, physical impairment, health impairment, or autism.

## MOLINA HEALTHCARE OF MICHIGAN

[www.molinahealthcare.com](http://www.molinahealthcare.com)

880 W. Long Lake Blvd., Troy, MI 48084  
**866.449.6828**

HMO insurance provider.

If you are a member of this HMO, please contact them for transportation assistance.

## MUSTARD SEED HOUSE

1325 Cherry, Saginaw, MI 48601  
**989.755.4741**

Emergency housing for women and their minor children who need shelter. Guests pay no fee but share in the work of the house.

# N

## NEIGHBORHOOD HOUSE ( SAMARITIAS)

[www.lssm.org](http://www.lssm.org)

3145 Russell, Saginaw, MI 48601  
**989.752.5805**

Dinner served Monday through Friday:  
Children: 4:00 to 4:30 pm  
Adults: 4:30 to 5:00 pm

After school program 6-14 years.

# O

## OLD TOWN CHRISTIAN OUTREACH CENTER

[www.old-towncoc.com](http://www.old-towncoc.com)

600 Gratiot, Saginaw, MI 48602  
**989.249.8696**

### Baby Pantry

Provides assistance with baby items, clothing, food and pregnancy education.

### Old Town Soup Kitchen

Food and clothing distribution. Sack lunch available on Saturdays. Food is distributed at 10:30 am. Walk-in, no restrictions or requirements to qualify. Meals are served by number and numbers are distributed beginning at 9 am.

Every Monday, Wednesday and Friday a hot lunch is served from 11:30 am and at 12:15 pm. Walk-in, no restrictions or requirements to qualify. Meals are served by number and numbers are distributed beginning at 8 am.



# P

## PLANNED PARENTHOOD

www.plannedparenthood.org

### Administrative Office

950 Victors Way, Suite 100  
Ann Arbor, MI 48104  
**734.926.4800**  
**1.800.230.7526**

Birth control, family planning, medical services including: OB/GYN referrals, pregnancy testing/counseling, all accepted methods of birth control, library on family planning and reproduction, sexually transmitted infection screening, sterilization, HIV testing, sex education and infertility support group. Complete confidentiality.

## PREGNANCY CARE CENTER

Saginawpcc.org

916 Gratiot Avenue, Saginaw, MI 48602  
**989.752.7664**

The caring volunteers at the Pregnancy Counseling Centers have assisted hundreds of women facing unplanned pregnancies. Our trained counselors will listen to your questions and concerns, give you a free, confidential pregnancy test, and then provide you with the information you need to make informed decisions. Assistance with diapers, formula and used clothing.

## PREVENTION AND YOUTH SERVICES

1226 N. Michigan, Saginaw, MI 48602  
**989.755.0937**

Substance abuse prevention services for schools and community groups, families, children and adolescents. Education and support groups.

## PROBATE COURT

### -JUVENILE DETENTION FACILITY

www.saginawcounty.com/juvenile

3360 Hospital Rd., Saginaw, MI 48603  
**989.799.2821**

The Juvenile Detention Facility provides secure detention on a 24 hour basis. Children housed in the facility are considered to be a risk to the community, or to themselves or are awaiting placement. Also, on an available space basis, children from other counties are housed there. During school months, the facility provides a full time school program and a recreational program in the summer. The Detention Center is capable of housing up to 42 boys and 14 girls.

# R

## RESTORATION COMMUNITY OUTREACH

1205 Norman, Saginaw, MI 48602  
**989.753.1886**

Programs include substance abuse prevention and treatment services, crisis intervention and counseling. Emergency, transitional, and long-term housing for homeless males.

## RIGHT TO LIFE

3195 Christy Way S. Suite 8, Saginaw, MI 48603  
**989.799.4464**

### Bay City

314 S. Jackson, Bay City, MI 48708  
**989.895.8481**

### Midland

2811 Canterbury, Midland, MI 48642  
**989.835.2222**

Alternatives for women who are considering abortion.

## Poison Prevention Tips

### STORE POISONS SAFELY

- Store medicines and household products locked up, where children cannot see or reach them.
- Store poisons in their original containers.
- Use child-resistant packaging. But remember — nothing is child-proof!

### USE POISONS SAFELY

- Read the label. Follow the directions on medicines and products.
- Are children around? Take the product or medicine with you to answer the door or the phone.
- Lock products and medicines up after using them.
- Is it medicine? Call it medicine, not candy.
- Children learn by imitation. Take your medicines where children can't watch.

### TEACH CHILDREN TO ASK FIRST

- Poisons can look like food or drink. Teach children to ask an adult before eating or drinking anything.



If you think someone has been poisoned,  
call your poison center right away —

**1-800-222-1222**

# S

## SACRED HEART REHABILITATION CENTER

www.sacredheartcenter.com

301 E. Genesee, Saginaw, MI 48607  
**989.776.6000**

Provides an extensive array of behavioral health services including substance use disorder prevention and treatment, mental illness treatment, HIV/AIDS prevention and care management. They also offer a full continuum of specialized services for women, including women who must bring children into treatment with them, including residential, outpatient, case management and transitional housing.

## SAGINAW COMMUNITY ACTION COMMITTEE (CAC)

saginaw cac.org

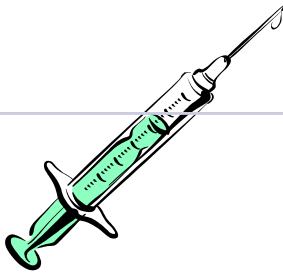
2824 Perkins, Saginaw, MI 48601  
**989.753.7741**

The Saginaw County Community Action Committee, Inc., (CAC), is a community action agency that provides programming to the low income and the elderly population of Saginaw County.

Services include:

- Commodity Food and Nutrition
- Community Housing Development
- Deliverable Fuel
- Dream Catchers for Life (Family Self Sufficiency)
- Elderly and Disabled Home Repairs Program
- Emergency Services
- Hall Rental
- Housing Counseling
- Income Tax Assistance
- Michigan Enrolls
- Minority Senior Outreach and Advocacy
- Partners Against Poverty
- Rebuilding Together
- Walk for Warmth
- Weatherization Assistance Program

Food assistance sign-up is held Monday through Friday. No food on first visit.



## Protect your child from scary diseases

A child needs vaccines at these ages:

- |            |               |
|------------|---------------|
| * Birth    | *12-15 months |
| * 2 months | *18 months    |
| * 4 months | * 4-6 years   |
| * 6 months | *11-12 years  |

All children from 6 months through 18 years of age should get vaccinated against the flu every year.

### Protect your baby

1. Be sure your baby gets all of her/his vaccines on time.
2. Get your vaccines on time, too, including Tdap and Flu vaccine.
3. Make sure that family members and other people who spend time with your child have gotten their vaccines.

### You can keep your child healthy!

For more information call your doctor, your local health department, 1-888-76-SHOTS or visit [www.vaccinateyourbaby.org](http://www.vaccinateyourbaby.org)

**Michigan Department of Health and Human Services**

# S

## SAGINAW COMMUNITY MENTAL HEALTH AUTHORITY

[www.sccmha.org](http://www.sccmha.org)

500 Hancock, Saginaw, MI 48602

**989.797.3400**

**800.258.8678 (toll-free)**

Crisis Intervention Services

**989.792.9732**

**800-233-0022 (toll-free)**

Access Services

**989.797.3559**

### Other Locations:

Lamson Community Ties North

3830 Lamson Street, Saginaw, MI 48601

**989.272.7208**

Towerline/Family Services Unit-3

1040 Towerline Road, Saginaw, MI 48601

**989.797.3400**

Community Ties South

17940 Lincoln Road, New Lothrop, MI 48460

### **Housing Resource Center (HRC)**

Salter Place

2723 State Street, Suite #3, Saginaw, MI 48602

Bayside Lodge

2700 W. Genesee, Saginaw, MI 48602

**989.799.1266**

Provides for the publicly funded mental health needs of all eligible persons in Saginaw County, serving persons with serious mental illness or emotional disorders, developmental disabilities, and substance abuse disorders.

## SAGINAW COUNTY ANIMAL CARE CENTER

[scacc@saginawcounty.com](mailto:scacc@saginawcounty.com)

[www.petfinder.com](http://www.petfinder.com)

1312 Gratiot Ave, Saginaw, MI 48602

**989.797.4500**

Saginaw County Animal Care Center has a primary responsibility for enforcement of state and county animal control laws. Pet adoption, lost pets, stray animals, animal complaints, bite reporting. An after hours service is provided to ensure 24 hour coverage of animal related emergencies and

## SAGINAW COUNTY HEALTH DEPARTMENT

[www.saginawpublichealth.org](http://www.saginawpublichealth.org)

1600 N. Michigan, Saginaw, MI 48602

**989.758.3800**

Administrative Services	989.758.3820
Children's Special Health Care Services	989.758.3845
Communicable Disease and Tuberculosis	989.758.3880
Community Resource Nurse	989.758.3887
Environmental Health Services	989.758.3830
Health Promotion and Communications	989.758.3805
Lead Hazard Control	989.758.3845
Hearing and Vision	989.758.3890
Immunizations	989.758.3840
Laboratory	989.758.3825
Nurse Family Partnership	989.758.3845
Personal Health Care Centers	989.758.3870
WIC	989.758.3733

## SAGINAW COUNTY PARKS AND RECREATION COMMISSION

[www.saginawcounty.com/parks](http://www.saginawcounty.com/parks)

111 S. Michigan, Saginaw, MI 48602

**989.790.5280**

Currently manages 5 regional parks, including the Saginaw Valley Rail Trail. Parks include Immerman Park, Veterans Memorial Park, Price Nature Center, Ringwood Forest and Haithco Recreation Center. Programs for adults and children, many free or low cost to participants.



***Healthy Women, Infants and Children***

# S

## **SAGINAW COUNTY VICTIM ASSISTANCE COORDINATOR**

### **Saginaw County Prosecutor's Office**

111 S. Michigan, Saginaw, MI 48602  
**989.790.5561**

Crime victims can turn to prosecuting attorney office for help. Many offices have created Victim Assistance Program to help crime victims during their involvement with the criminal justice system ... to answer questions ... to keep them informed ... to provide referrals to counseling and support groups ... and to provide personal assistance when possible.

Services can include:

- Status information on your case
- Referrals for counseling, support groups and emergency services (food shelter and clothing)
- Crime victim compensation information
- Victim impact statements
- Restitution information and assistance
- Help with the return of personal property
- Accompanying a victim to court
- Employer intervention
- Courtroom orientation & information on how the court works
- Privacy prior to appearing in court
- Informing the community about victim's rights

## **SAGINAW HOUSING COMMISSION**

[www.saginawhousing.org](http://www.saginawhousing.org)

PO Box 3225, Saginaw, MI 48605  
1803 Norman, Saginaw, MI 48601  
**989.755.8183**

Provides low-income housing services to the residents of the City of Saginaw.

## **SAGINAW LANDLORDS ASSOCIATION**

120 N. Michigan, Suite 310, Saginaw, MI 48602  
**989.249.0977**

Offer support and guidance to landlord membership.

## **SAGINAW ODYSSEY HOUSE**

128 N. Warren, Saginaw, MI 48607  
**989.754.8598 ext. 303**

Is a drug or alcohol rehabilitation center with a primary focus on mental health. The facility provides substance abuse treatment and halfway house services to the public. The treatment center provides outpatient and residential long-term treatment care. There are special groups and programs for persons with co-occurring mental and substance abuse disorders, pregnant and postpartum women, and women.

## **SAGINAW PSYCHOLOGICAL SERVICES, INC.**

[www.sagpsych.com](http://www.sagpsych.com)

2100 Hemmeter Road, Saginaw, MI 48603  
**989.799.2100**  
24-hour answering service available

Is a multidisciplinary, outpatient clinic that has served the mental health and substance abuse needs of adults and children in the greater Tri-County. They strive to meet their goal by utilizing three stages of service delivery: prevention, treatment, and follow-up.

## **SAGINAW TRANSIT AUTHORITY REGIONAL SERVICES (STARS)**

[www.saginaw-stars.com](http://www.saginaw-stars.com)

615 Johnson, Saginaw, MI 48607

Scheduling Information 989.907.4000

Is a public transportation system for the urbanized Saginaw Area. Also serves as an effective solution to mobility challenged citizens.

Operates daily - including Saturdays.

## **SAGINAW VALLEY REHABILITATION CENTER INDUSTRIES, INC. (SVRC)**

[www.svrcindustries.com](http://www.svrcindustries.com)

919 Veterans Memorial Parkway, Saginaw, MI 48601  
**989.752.6176**

Provides quality vocational rehabilitation services in Saginaw County and the surrounding community. They provide quality outcomes for persons with disabilities and other barriers to employment.

When you REACH the end of your rope, tie a knot in it and hang on. — Thomas Jefferson

# S

## ST. JOHN'S LUTHERAN CHURCH

915 Federal Ave, Saginaw, MI 48607  
**989.754.0489**

Food pantry call for information.

## ST. MARY'S CATHEDRAL

705 Hoyt, Saginaw, MI 48601  
**989.752.8119**

3rd Saturday 9am-11am hot breakfast. Also undergarments, hats and mittens.

## ST. PETER & PAUL CHURCH

4735 W. Michigan Ave., Saginaw, MI 48603  
**989.799.5448**

Tuesdays & Thursday from 1 to 2:45 pm

## ST. PAUL'S EPISCOPAL CHURCH

[www.stpaulsepisag.com](http://www.stpaulsepisag.com)

720 Tuscola, Saginaw, MI 48607  
**989.755.3449**

Call for pantry and clinic hours.

## SALVATION ARMY

[www.salvationarmy.org](http://www.salvationarmy.org)

2030 N. Carolina, Saginaw, MI 48602  
**989.401.7881**

Emergency Assistance 989.401.7881  
Gym-Community Center 989.401.7887

Thrift Store  
5700 State St.  
Saginaw, MI 989.249.0403

Help with food, utilities and rent, must call ahead.

# T

## TEEN CHALLENGE - MID-MICHIGAN TEEN CHALLENGE, INC.

[midmichiganteenchallenge.com](http://midmichiganteenchallenge.com)

818 S. Michigan, Saginaw, MI 48602  
**989.249.8818**

A Christian centered residential program for men and women, age 18 to 55 years, with problems of substance abuse.

## TEEN PARENT SERVICES OF SAGINAW COUNTY

1630 Gratiot, Saginaw, MI 48602  
**989.792.6789**

Provides a comprehensive continuum of care services for teenage parents. Services include: outreach, assessment, home visitation, transportation, 24-hour crisis intervention, parent education, ages & stages developmental testing, play groups, life skills group, food pantry, emergency needs assistance, homeless outreach, transitional housing program and other support services.

## TIMELESS TREASURES THRIFT SHOP

427 Atwater, Saginaw, MI 48601  
**989.401.7313**

Thrift store is run by the Ascension Auxiliary and all proceeds go back to the hospital. Call for hours





# U

## UNDER THE RAINBOW THRIFT STORE

5647 State Street, Saginaw, MI 48603  
989.249.1924

## UNDERGROUND RAILROAD

[www.undergroundrailroadinc.org](http://www.undergroundrailroadinc.org)

PO Box 2451, Saginaw, MI 48605  
989.755.0413

### 24 HOUR CRISIS INTERVENTION

888.399.8385  
989.755.0411 (and TDD line)

Shelter for individuals and their children who are in a situation where they have experienced or fear experiencing domestic violence from current spouse/partner former spouse/partner. Thirty day residency limit, 24 hour crisis hotline, walk-in counseling, support groups, legal and financial, housing and transportation.

## UNITED WAY OF SAGINAW COUNTY

[www.unitedwaysagianw.org](http://www.unitedwaysagianw.org)

100 S. Jefferson Avenue, 3rd Floor, Saginaw, MI 48607  
989.755.0505

**VITA PROGRAM** (Volunteer Income Tax Assistance) is free tax preparation for Saginaw County residents who cannot afford to have their taxes prepared for them.

**PROJECT HOME** - Homeless Prevention and Rapid Re-Housing  
989.758.4357

Provides short term assistance to prevent homelessness and quickly re-house people who have become homeless. All recipients must meet specific criteria. An initial assessment will be done by an intake specialist over the phone.

**NO WALK-IN'S WILL BE SERVED.**

## UNITED HEALTHCARE

[www.uhc.com](http://www.uhc.com)

26957 Northwestern Highway, Suite 400  
Southfield, MI 48034  
877.842.3210

Customer Service  
866.633.2446 (toll-free)

HMO insurance provider.  
If you are a member of this HMO, please contact them for transportation assistance.

# V

## VALLEY URGENT CARE

3020 Boardwalk, Saginaw, MI 48603  
989.791.3888

Walk-in urgent care services. Accepts most insurance plans and straight Medicaid. Uninsured must be able to pay basic fee. Sport and school physicals available.

## VERSITI BLOOD CENTER OF MICHIGAN

[www.miblood.org](http://www.miblood.org)

866.642.5663

### Saginaw

1771 Tittabawassee Road, Saginaw, MI 48604  
989.755.5387

### Bay City

1017 N. Johnson, Bay City, MI 48708  
989.892.2551

Is an independent, nonprofit blood bank that provides blood for hospitals across Michigan's lower peninsula.

## V.O.I.C.E. (for the hearing impaired)

4274 State St., Saginaw, MI 48603  
989.497.7111

Text/Voice 989.284.5182

V.O.I.C.E. has interpreters available 24/7. Provides supportive services for speech and hearing impaired, including interpreting services, information, networking, civil rights, advocacy, and employment support.



# W

## WELLSPRING LUTHERAN SERVICES

[www.wellspringlutheran.com](http://www.wellspringlutheran.com)

### Central Administrative Offices

6019 West Side Saginaw Road  
PO Box 48, Bay City, MI 48707  
**989.686.7650**

### Adoption Services

**989.686.3170**

A not-for-profit organization who is committed to providing outcome based, individually tailored, accredited human services to children and families regardless of race, age, gender or religious affiliation. Families First Providers.

## WEST MICHIGAN METHODIST CHURCH

1802 W. Michigan, Saginaw, MI 48602  
**989.792.4689**

Provides food assistance on Wednesdays from 10 am to 12:30. Clothing and food.

## WESTLUND CHILD GUIDANCE CLINIC

[www.westlundclinic.com](http://www.westlundclinic.com)

3253 Congress, Saginaw, MI 48602  
**989.793.4790**

Provides psychiatric, psychological, and social work services for the diagnosis and treatment of behavioral disorders of persons under the age of 18 years. Family counseling available. Sliding fee scale, insurance accepted.

## WOMEN OF COLORS, INC

[www.womenofcolors.org](http://www.womenofcolors.org)

1000 Tuscola, Saginaw, MI 48601  
**989.737-9286**

Striving to promote multi-cultural diversity and enhancing community relations in Saginaw County. For youth want to meeting new friends, explore ideas and learn different aspects of life.

## WORD OF FAITH MINISTRIES

500 N. Washington, Saginaw, MI 48601  
**989.752.1675**

Provides food assistance. Call for an appointment.

# Y

## YMCA

[www.saginawymca.org](http://www.saginawymca.org)

1915 Fordney, Saginaw, MI 48601  
**989.753.7721**

Provides recreational and educational programs for all ages. Programs include camping, swimming, fitness classes, athletic rehab classes, walking programs and martial arts. Call for fees.



# EveryOne Matters.

That's why we're working with communities  
to create better health for all.