

**Saginaw County Department of Public Health
Website Links
For
Smoking Cessation**

Sam Connon, RRT	(989) 754-3000	Michigan Cardiovascular Institute Saginaw, Michigan
Michigan Department Of Community Health	1-800-537-5666	www.michigan.gov/tobacco
MDCH iCanQuit Hotline	1-800-480-7848	
American Cancer Society	1-800-227-2345	www.cancer.org
American Heart Association	1-800-968-2425	www.americanheart.org
American Legacy Foundation (Quit line for women)		www.join-the-circle.org
American Legacy Foundation (Quit line for expectant mothers)	1-866-66START	
American Lung Association	1-800-586-4872	www.lungusa.org
American Lung Association (Referral cessation advice)	1-800-548-8252	
BreakFree Laser of Lansing	1-888-448-7848	www.BreakFreelaser.com
Foundation for Innovations in Nicotine		www.findhelp.com
Ronald Gorayeb (Hypnosis)	1-800-786-7123	www.gorayebseminars.com
National Cancer Institute	1-800-4Cancer	www.cancer.gov

Nicotine Anonymous

1-415-750-0328

www.nicotine-anonymous.org

QuitNet

www.quitnet.com

U.S. Public Health Service

1800-358-9295

www.surgeongeneral.gov/tobacco