School Re-Opening Parent Forum

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Overall Considerations for Parents

- All options are OK
- There is no one-size-fits-all approach for families
- Multiple decisions within one family with multiple children (some may be virtual and some may be in-person)
- All families should have a back-up plan!
- Risk will NEVER be ZERO!
What We Know About COVID-19

- Novel virus
- Highly contagious
  - Can be spread by symptomatic and asymptomatic infected people
- Most commonly spread from person to person
  - Respiratory droplets: coughing, sneezing, talking, singing
What We Know About COVID-19

- Maintaining 6 feet distance reduces the risk of transmission
- Can be contracted through the eyes, nose, and mouth
- Virus can spread by touching a surface or item with the virus on it
Symptoms may appear 2-14 days after exposure
80% of the people who contract the disease have mild symptoms
Common symptoms:
- Adults: Cough, Shortness of breath, fever
- Children: Runny nose, sore throat
Other symptoms: loss of taste, abdominal pain, nausea, vomiting, diarrhea, body cramping, sore throat, headache
## Most Common Symptoms COVID-19: Kids vs. Adults

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Kids</th>
<th>Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever</td>
<td>59.1%</td>
<td>78%</td>
</tr>
<tr>
<td>Cough</td>
<td>55.9%</td>
<td>57%</td>
</tr>
<tr>
<td>Runny nose, congestion</td>
<td>20%</td>
<td>13%</td>
</tr>
<tr>
<td>Loss of smell or taste</td>
<td>?</td>
<td>29%</td>
</tr>
<tr>
<td>Muscle aches, fatigue</td>
<td>18.7%</td>
<td>48%</td>
</tr>
<tr>
<td></td>
<td>(muscle aches = 17%, fatigue = 31%)</td>
<td></td>
</tr>
<tr>
<td>Sore throat</td>
<td>18.2%</td>
<td>12%</td>
</tr>
<tr>
<td>Shortness of breath</td>
<td>11.7%</td>
<td>23%</td>
</tr>
<tr>
<td>Abdominal pain/diarrhea</td>
<td>6.5%</td>
<td>14%</td>
</tr>
<tr>
<td>Vomiting/nausea</td>
<td>5.4%</td>
<td>10%</td>
</tr>
<tr>
<td>Headache/dizziness</td>
<td>4.3%</td>
<td>24%</td>
</tr>
<tr>
<td></td>
<td>(headache = 13%, dizziness = 11%)</td>
<td></td>
</tr>
<tr>
<td>Red throat</td>
<td>3.3%</td>
<td>NA</td>
</tr>
</tbody>
</table>

Who is at risk?

• Everyone is at risk unless we take precaution
• Populations who at higher risk
  ▪ Older than 60 years of age
  ▪ Minorities
  ▪ Pre-exiting disease
    • Liver, kidney, and cardiac disease, Diabetes
Who is at risk?

- People who live in congregate settings
  - Jails, long-term care facilities
- Risk for children is low but they can be significantly impacted
  - Multisystem Inflammatory Syndrome
What We Don’t Know

- When a vaccine will be available
- What spread within schools will look like in the months to come
- Level of immunity in our communities

Remember this virus is approximately 9 months old! We have a lot yet to learn.
Guidance
Schools
Received

- Michigan’s Return to School Road Map
- School administrators meeting(s) in Saginaw
- Toolkit launching this week
- Scenarios developed for schools

All these address prevention strategies to reduce risk for students. EVERYONE’s goal is to provide an environment that is as low risk as possible for teachers, staff, and students!
When to Stay Home

COVID-19 SCHOOL GUIDANCE

When Should A Student Stay Home From School (or be sent home)

Any time they have these symptoms:
- Fever, chills/sweating
- Sore throat
- Cough
- Runny nose
- Diarrhea, vomiting, abdominal pain
- Severe headache

Any time they are (or you suspect they are) exposed to COVID-19

Within six feet, for 15 minutes or more, with a confirmed COVID-19 person

STOP! STAY HOME!

Contact your healthcare provider to rule out COVID-19 or other illnesses/allergies. If positive for COVID-19, stay out of school until:
- 24 hours without fever with no fever reducing medications, AND
- Significant improvement in symptoms, AND
- 10 days have passed since symptoms first began

Contact your healthcare provider about exposure and testing. If test comes back positive, stay home until:
- 24 hours without fever with no fever reducing medications, AND
- Significant improvement in symptoms, AND
- 10 days have passed since symptoms first began

STOP! STAY HOME!

Don’t assume “it’s nothing.” Talk to your healthcare provider to be sure.

Saginaw County HEALTH DEPARTMENT
The 3 Ws: How to Best Protect Your Child When Returning to School

Wash your hands

Wear a mask (or face shield)

Watch your distance

These three tried-and-true public health measures are you and your child’s best protection against COVID-19 and all communicable diseases. Remember to keep your children home whenever they are sick or potentially exposed to someone confirmed to have COVID-19. This will help protect you and those you care about.

Saginaw County HEALTH DEPARTMENT

1600 N. Michigan Avenue • Saginaw, MI 48602 • (989) 758-3828 • www.saginawpublichealth.org

7.31.20
Five Considerations for Parents

1. Consider the level of responsibility for each student/child
2. Consider health conditions/status of households & families
3. Consider each child’s social and emotional well-being
4. Consider your support system and resources
5. Informed consent
How Responsible is your Child?

- Will they follow the rules set in the classroom/school?
- Can they wear a mask all day (if required)?
- Will they practice good hand hygiene?
- Can they limit their movements?
- Do they have self control (keep their hands to themselves)?
How Responsible is your Child?

• Will they physically distance themselves from others (6 feet away)?

  If Yes – they may handle themselves well in the classroom
  If No – they would have less risk being at home and less risk for others in the classroom
Health Status of Households & Families

- Does your child have a chronic medical condition or fall within the high-risk category for COVID-19?
- Do you, as a parent/guardian, have a medical condition that falls within the high-risk category for COVID-19?
- Does anyone in your household have a medical condition that falls within the high-risk category for COVID-19?
Does your child routinely interact with others outside the household (like grandparents) who have a medical condition that falls within the high-risk category for COVID-19?

**If Yes** – consider virtual learning options for your child/children

**If No** – consider in-person learning options
• Does your child need social interaction?
  ▪ Introvert
    • Wouldn’t miss school
    • Needs the social interaction
  ▪ Extrovert

• How emotionally well has your child been while at home during COVID-19?
  ▪ Depression
  ▪ Sadness
  ▪ Lonely

• Would your child do well staying home for an additional year?
Support System or Resources

- Do you have someone to take care of your child at home?
- Do you or someone you know have the expertise to help your children with school work?
- Will your job let you work from home?
- Do have reliable internet connectivity?
- If you’re virtual, what food options are available?
  - Free lunch
Definition: Permission granted in the knowledge of possible consequences, typically that which is given by a patient to a doctor for a treatment will full knowledge of possible risk and benefits.

A three step process:
1. Know the risk and benefits
2. Weigh the risk and benefits
3. Make a decision
Know the Risk: SAGINAW COUNTY STATISTICS
Know the Risk: SAGINAW COUNTY STATS

Cases by Age 8/10/20

Cases by Sex 8/10/20

Cases by Ethnicity 8/10/20

Cases by Race 8/10/20

- Black or African American
- Caucasian
- Other Race
- Unknown
- Asian
- American Indian or Alaskan Native
- Native Hawaiian or Other Pacific Islander
Know the Risk:
SAGINAW COUNTY STATS

- Positivity rate: 4.6% positive tests
- Medium high risk
- Low risk for deaths
In School Benefits

- Evidence suggests that infected children are less likely to suffer severe symptoms or death
- Structured learning environment and education
  - Parents don’t have to be the teacher
- Supports the development of social and emotional skills
- Creates safe environment for learning
- Addresses nutritional needs
- Facilitates physical activity
- Reduces disparities amongst children
At Home Benefits

- Less risk for contracting COVID-19 to households
  - No need to quarantine from school transmission
- Students may be able to learn at their own pace on their own schedules
- Students activities can be monitored
- No disruption in the learning plans
  - Back up plans to shift learning are not needed
- Some may experience more comfort in the home environment
Chris Harrington’s Decision

1. Consider the level of responsibility for each student/child
2. Consider health conditions/status of households & families
3. Consider each child’s social and emotional well-being
4. Consider your support system
5. Informed decision
   - Kids will go to school
Chris Harrington’s Decision

- Will your school allow students to change course?
- What would make you remove your kids from school and go virtual?
1. Consider the level of responsibility for each student/child
2. Consider health conditions/status of households & families
3. Consider each child’s social and emotional well-being
4. Consider your support system
5. Informed decision
   - 4 children will attend virtual option
   - 1 child will attend some in-person instruction
Dr. Pruitt’s Decision

• Will your school allow students to change course?
• What will make you feel comfortable sending your kids to school?
  ▪ Considering going to school the second half of the year
Overall Considerations for Parents

- All options are OK
- There is no one-size-fits-all approach for families
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- Risk will NEVER be ZERO!
Questions?

Please feel free to write your question on:

- Facebook Live
- Zoom Chat