

# COVID-19

## PUBLIC HEALTH GUIDANCE TO REOPEN WORKFORCE

Saginaw County Health Department

Public health guidance for Saginaw County industry leaders to reopen or expand current services. This guidance ensures the health and safety of employees, customers, and visitors.

**RELEASED MAY 14, 2020**

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# OVERVIEW

This guidance is contingent upon the Governor's Executive Orders, which will provide clarification as to when and in what order industries may open.

When and how to lift or implement restrictions to slow the spread of COVID-19 disease are critical public health decisions. These decisions should not be arbitrary, but rather informed by tangible data and strategic goals. Local health departments support a very gradual process to reopen non-essential businesses, community spaces, gatherings, travel, and recreation. Reopening should be based on the activity or businesses' potential to contribute to the continued spread of COVID-19. Those things which pose the least amount of risk to public health (solidary activities, curbside delivery, etc.) should be prioritized. Community mitigation strategies should be continued as feasible.

Businesses are expected to participate in the control of COVID-19 in partnership with local public health departments – this may involve providing testing, contact tracing, and issuing their own quarantine process immediately, rather than waiting for local public health guidance. When sectors are reopening, their ability to procure necessary supplies, such as face coverings, hand sanitizer, handwashing stations, gloves, etc., must be considered.

**IMPORTANT:** You must protect the confidentiality of your employee. Legally, you cannot identify the employee by name. DO NOT disclose to other staff or third persons the name or other personal or health information of the employee who tested positive for COVID-19 except to the local health department under Michigan Public Health Code Act 368 of 1978.



# OVERVIEW

This is also addressed in section §164.512(b) of the HIPAA regulations. The relevant sections of the Michigan Public Health Code and Administrative Rules are:

Sec. 333.5111 (1) b - Requirements for reporting communicable and serious communicable diseases  
R 325.173 - Administrative rules detailing the reporting of communicable and serious communicable

Thoroughly clean and disinfect equipment and other elements of the work environment of the employee along with frequently touched surfaces and objects such as doorknobs/push bars, elevator buttons, restroom doors, etc. Use EPA approved disinfectants and use according to label instructions.

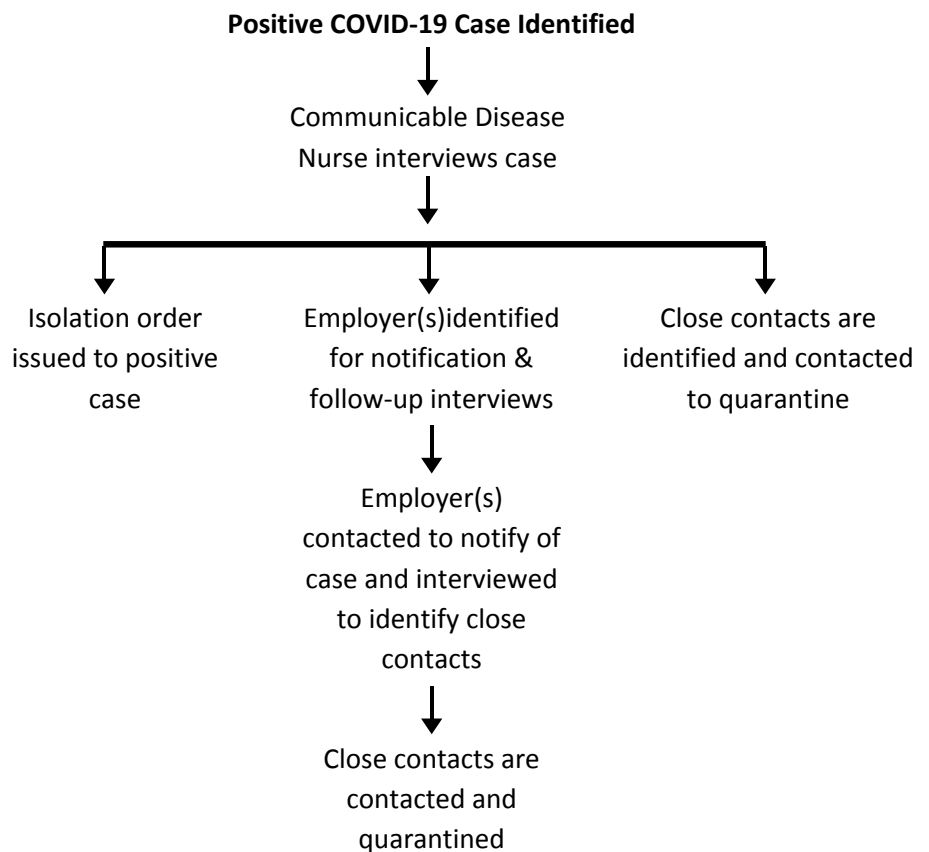
If the employee had been working while ill, identify co-workers and/or individuals that the employee may have had close contact with and advise them to self-quarantine at home for 14 days. A close contact is defined as those individuals who had been within 6 feet of the affected employee for greater than 10 minutes while the employee had symptoms. The local health department can help walk through the process of contact tracing.



# What to Expect from PUBLIC HEALTH

The Saginaw County Health Department is committed to our mission of protecting the health of all persons in Saginaw County. As an employer, you may be wondering what to expect if a staff member becomes a positive case.

1. A call from a local public health department will notify the employer of a positive case at the workplace. Depending on where the employee resides, this may be a different public health department than Saginaw County. Local public health departments will follow-up with cases that live in their jurisdiction.
2. Public health will give the positive case (employee) isolation orders and exclude case (employee) from working.
3. Public health will request assistance from case (employee) and potentially employer to identify and possibly get in touch with workplace contacts (e.g., other employees, clients, visitors). Do not share case name, details or health information with others.
4. Public health will give quarantine notice to contacts which may exclude them from work and will ask contacts to monitor symptoms.



Communicable Disease case work is a critical function of public health. Confidentiality of personal information is essential. As part of a public health investigation, the local health department may ask for information about staff and other persons in connection with the case. This is routine public health practice and follows the Michigan Public Health Code 333.2433 & 333.2446:

*To assure compliance with laws enforced by a local health department, the local health department may inspect, investigate, or authorize an inspection or investigation to be made of, any matter, thing, premise, place, person, record, vehicle, incident, or event. Section. 2241 to 2247 apply to an inspection or investigation made under this section.*

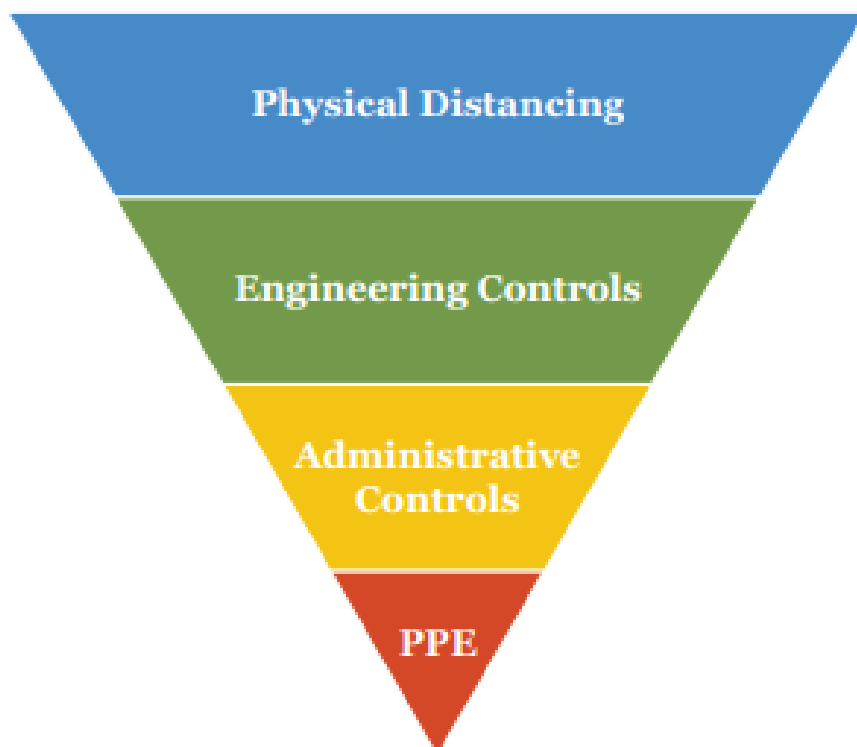
# Prevention Overview for IMPROVING SAFETY

When businesses, recreational activities, or social events resume, it is critical for these operations to have guidance on how to do so in a safe manner. COVID-19 is highly transmittable virus, and public health responses must attempt to prevent extensive, asymptomatic spread. While widespread testing and swift isolation and quarantine of those infected or exposed is important; due to resource constraints they are not as effective as social distancing.

- Develop an infectious disease preparedness and response plan
- Prepare to implement basic infection prevention measures
- Develop policies and procedures for prompt identification and isolation of sick people
- Develop, implement, and communicate about workplace flexibility and protections
- Implement workplace controls

Techniques for improved safety include physical distancing, engineering controls, administrative controls, and the use of personal protective equipment. Best-practice mitigation strategies are demonstrated in the diagram below.

Until a vaccine or treatment is available, **social distancing measures** are crucial in preventing illness and death from COVID-19 within a community.



## Physical Distancing

Wherever possible, have people work from home. This should include restructuring responsibilities to minimize the numbers of workers that need to be physically present

## Engineering Controls

Create physical barriers between people, such as Plexiglas dividers or tape off seating

## Administrative Controls

Redistribute responsibilities to reduce contact between individuals

## Personal Protective Equipment (PPE)

Have people wear cloth face coverings



# Local Public Health GUIDANCE FOR INDUSTRIES

This section provides local public health guidance for each of the following industries in Saginaw County and addresses the considerations needed before reopening. It is crucial also to follow all industry standards, and adhere to licensing and regulatory guidelines as issued by your specific industry. Information about COVID-19 is rapidly changing. We are committed to providing reliable and accurate information throughout this pandemic.

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# Public Health Guidance for Businesses

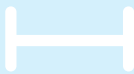
Administrative | Legal | Finance | Accounting



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Implement flexible worksites (e.g., telework), work hours (staggered shifts), and meeting and travel options (e.g., use video-/tele-conferencing for meetings, postpone non-essential meetings or events; travel separately).
- When video-/tele-conferencing is not possible, hold meetings in open, well-ventilated spaces where distancing is possible.
- Increase physical space between employees at the worksite, and between employees and customers – especially in waiting rooms. Install plastic shields between reception staff and visitors.
- Downsize operations.
- Deliver services remotely (e.g., phone, video, web).
- Deliver products through curbside pick-up or delivery.
- Limit the number of people in elevators, bathroom, meeting spaces, and other common spaces; consider reconfiguring office spaces and environment.
- Consider canceling, adjusting, or postponing large work-related meetings or gathering that can only occur in-person.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees, customers, and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.



# Public Health Guidance for Businesses

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces in the workplace, such as workstations, keyboards, telephones, handrails, and doorknobs.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Discourage workers from using co-workers' phones, desks, offices, or other office tools and equipment, when possible. If they must use, provide disposable wipes so that commonly used surfaces (including doorknobs, remote controls, etc.) can be wiped down between each use.
- Perform enhanced cleaning and disinfection after suspected cases of COVID-19 have been in the facility.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screenings for employees upon arriving to work.
  - Provide education and training on new processes, COVID-19, and the use of PPE while in the workplace.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that the employer draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
- Assess essential functions and the reliance that the community has on your services/products.
  - Be prepared to change your business practices, if needed, to maintain critical operations (e.g., identify alternative suppliers, prioritize existing customers, or temporarily suspend some of your operations if needed).
  - Identify alternate supply chains for critical goods and services as some may be in higher demand or unavailable.

# Public Health Guidance for Businesses

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that others and the community have on your services/products (continued).
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home, and encourage them to develop non-punitive leave policies.
  - Talk with business partners about response plans. Share best practices with other businesses in your communities (especially in your supply chain), Chambers of Commerce, and associations to improve community response efforts.
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Provide cloth face coverings and/or face shields to employees. Consider distributing gloves to employees, if needed.
- Provide hand sanitizer and disinfectant wipes throughout multiple locations within the building (e.g., meeting areas, reception areas, and common spaces).

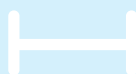
# Public Health Guidance for Real Estate



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Maintain 6-feet separation between employees, and discourage shared spaces.
- Avoid meetings or groups of more than 10 employees, clients, or customers; limit the number of on-site customers to continuously maintain 6-feet distancing.
- Open houses or showings should include social distancing measures while wearing appropriate face coverings; utilize virtual tours as much as possible.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Ensure that ventilation systems operate properly and increase circulation of outdoor air as much as possible.
- Support respiratory etiquette and hand hygiene for employees, customers, and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water at each showing (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your showing and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
- Consider installing plastic shields to provide protection between employees and customers.
- Use contactless payment and paperwork solutions when possible.
- Perform routine environmental cleaning and disinfection
  - Routinely disinfect all frequently touched surfaces.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.



# Public Health Guidance for Real Estate

(continued)



## **Administrative Controls**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Implement symptom monitoring protocols such as temperature and symptom checks.
- Require employees with symptoms to stay home or telework.
- Accommodate employees who are vulnerable individuals; create special hours when practical.
- Provide flexible options for employees with child or elder-care obligations.
- Complete required paperwork through electronic measures, utilizing tele- or conference call meetings for finalizing paperwork.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Provide appropriate PPE, such as cloth face coverings and gloves, as needed.

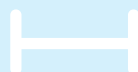
# Public Health Guidance for Government



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Implement flexible worksites (e.g., telework), work hours (staggered shifts), and meeting and travel options (e.g. use video-/tele-conferencing for meetings, postpone non-essential meetings or events; travel separately).
- When video-/tele-conferencing is not possible, hold meetings in open, well-ventilated spaces.
- Increase physical space between employees at the worksite, and between employees and customers – especially in work spaces, breakroom/cafeteria, and waiting rooms (e.g., drive through options, partitions). Install plastic shields between reception staff and visitors.
- Establish policies and procedures for social distancing.
- Downsize service operations, offering services remotely (phone, web, video) and the delivery of services through curbside pickup.
- Limit the number of people in elevators, bathroom, meeting spaces, and other common spaces; consider redesign office spaces and environment.
- Consider canceling, adjusting, or postponing large work-related meetings or gathering that can only occur in-person.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees, customers, and visitors by:
  - Provide tissues and no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.

# Public Health Guidance for Government

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces in the workplace, such as workstations, keyboards, telephones, handrails, and doorknobs.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Discourage workers from using co-workers' phones, desks, offices, or other office tools and equipment, when possible. If they must use, provide disposable wipes so that commonly used surfaces (including doorknobs, remote controls, etc.) can be wiped down by between each use.
- Perform enhanced cleaning and disinfection after suspected cases of COVID-19 have been in the facility.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screenings for employees upon arriving to work.
  - Implement similar health screening for visitors and clients entering building.
  - Provide education and training on new processes, COVID-19, and the use of PPE while in the building.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that the employer draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
  - Develop communication plans for employee concerns and stresses.
- Assess essential functions and the reliance that the community has on your services/products.
  - Identify alternate supply chains for critical goods and services as some may be in higher demand or unavailable.
  - Talk with companies that provide your organization with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.

# Public Health Guidance for Government

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that the community has on your services/products (continued).
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Require staff to wear cloth face coverings.
- Provide cloth face coverings and/or face shields to employees. Consider distributing gloves to employees, if needed.
- PPE usage will vary due to job requirements and work environments. Additional PPE may include medical or surgical gowns, fluid-resistant coveralls, aprons, other disposable/reusable protective clothing, goggles, face shields, gloves and/or cloth masks.
- Provide visitors and clients a face covering as an option upon entering the building.
- Provide hand sanitizer and disinfectant wipes throughout multiple locations within the building (e.g., meeting areas, reception areas, and common spaces).



# Public Health Guidance for Manufacturing



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Develop social distancing plan. Configure work spaces at least six feet apart. Mark appropriate distances for lines, in locker rooms, breakrooms, and other necessary locations so staff have visual cues to maintain distance.
- Implement flexible worksites (e.g., telework), work hours (staggered shifts), and meeting and travel options (e.g. use video-/tele-conferencing for meetings, postpone non-essential meetings or events; travel separately).
- Establish staggered start, break, and lunch times to reduce density during entry and screening stations.
- When video-/tele-conferencing is not possible, hold meetings in open, well-ventilated spaces where distancing is possible.
- Consider canceling, adjusting, or postponing large work-related meetings or gathering that can only occur in-person.
- Increase physical space between employees at the worksite, and between employees and customers – especially in work spaces, breakroom/cafeteria, and waiting rooms. Install plastic shields between reception staff and visitors.
- Downsize service operations, offering services remotely (phone, web, video) and the delivery of services through curbside pickup.
- Limit the number of people in elevators, bathroom, meeting spaces, and other common spaces; consider reconfiguring office spaces and environment.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Consider shields between work lines.
- Increase ventilation rates and percentage of outdoor air that circulates into the system.

# Public Health Guidance for Manufacturing

(continued)



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Support respiratory etiquette and hand hygiene for employees, customers, and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Employees should wash their hands frequently throughout the day. If hands are visibly dirty, soap and water should be chosen over hand sanitizer. Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.
- Discourage workers from using co-workers' phones, desks, offices, or other office tools and equipment, when possible. If they must use, provide disposable wipes so that commonly used surfaces (including doorknobs, remote controls, etc.) can be wiped down between each use.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screenings for employees upon arriving to work.
  - Provide education and training on new processes, COVID-19, and the use of PPE while in the workplace.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that the employer draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
- Assess essential functions and the reliance that the community has on your services/products.
  - Be prepared to change your business practices, if needed, to maintain critical operations (e.g., identify alternative suppliers, prioritize existing customers, or temporarily suspend some of your operations if needed).

# Public Health Guidance for Manufacturing

(continued)



## **Administrative Controls**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that the community has on your services/products (continued).
  - Identify alternate supply chains for critical goods and services as some may be in higher demand or unavailable.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.
  - Talk with business partners about response plans. Share best practices with other businesses in your communities (especially in your supply chain), Chambers of Commerce, and associations to improve community response efforts.
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Require all employees to wear cloth face coverings and gloves.
- Those workers with medium exposure risk (as defined in the Risk Assessment section on pages 10-11) need to wear some combination of gloves, face coverings and/or face shield or goggles. Instruction on proper donning and doffing (placing on and taking off) of PPE should be provided.

# Public Health Guidance for Construction



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Practice sensible social distancing and maintain six feet between co-workers, where possible.
- Advise workers to avoid physical contact with others and direct employees/contractors/visitors to increase personal space to at least six feet, where possible.
- Where work trailers are used, all workers should maintain social distancing while inside the trailers.
- Keep in-person meetings (including toolbox talks and safety meetings) as short as possible, limit the number of workers in attendance, and use social distancing practices.
- Establish flexible work hours (e.g., staggered shifts), if feasible.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Support respiratory etiquette and hand hygiene for employees, customers, and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water at the worksite (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Employees should wash their hands frequently throughout the day. If hands are visibly dirty, soap and water should be chosen over hand sanitizer. Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.
- To the extent tools or equipment must be shared, provide and instruct workers in the use of alcohol-based wipes to clean tools before and after use. When cleaning tools and equipment, workers should consult manufacturer recommendations for proper cleaning techniques and restrictions.



# Public Health Guidance for Construction

(continued)



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- For work activities where social distancing is a challenge, consider limiting the duration of these activities and/or implementing innovative approaches, such as temporarily moving or repositioning workstations to create more distance or installing barriers (e.g., Plexiglas shields) between workstations.
- Clean and disinfect portable jobsite toilets regularly. Hand sanitizer dispensers should be filled regularly. Frequently touched items (i.e., door pulls and toilet seats) should be disinfected.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screenings for employees upon arriving to work.
  - Provide education and training on new processes, COVID-19, and the use of PPE while in the building.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that the employer draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
- Assess essential functions and the reliance that the community has on your services/products.
  - Be prepared to change your business practices, if needed, to maintain critical operations (e.g., identify alternative suppliers, prioritize existing customers, or temporarily suspend some of your operations if needed).
  - Identify alternate supply chains for critical goods and services as some may be in higher demand or unavailable.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.
  - Talk with business partners about response plans. Share best practices with other businesses in your communities (especially in your supply chain), Chambers of Commerce, and associations to improve community response efforts.

# Public Health Guidance for Construction

(continued)



## **Administrative Controls**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Encourage workers to report any safety and health concerns.
- Train workers how to properly put on, use/wear and take off protective clothing and equipment.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Allow workers to wear face coverings over their nose and mouth to prevent spreading COVID-19.
- Continue to use other normal control measures, including personal protective equipment (PPE), necessary to protect workers from other job hazards associated with construction activities.

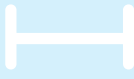
# Public Health Guidance for Restaurants



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Provide take-out and curbside pick-up.
- Increase remote ordering capacity and infrastructure support through phone and online ordering.
- Conduct an evaluation of your facility to identify and apply operational changes in order to maintain social distancing if offering take-out/carry-out options.
- Establish designated pick-up zones for customers to help maintain social distancing.
- Practice social distancing when delivering food (e.g., offering 'no touch' deliveries and sending text alerts/calling when deliveries have arrived).
- Remind customers to stand at least six feet apart while waiting to order or for pick-up.
- Consider strategies to minimize face-to-face contact (e.g., drive-thru windows, phone-based communication, telework).
- If restaurant is open for sit-down dining all tables should be six feet apart, and tables should not seat more than six people. Outdoor eating and drinking with six feet distancing is permitted.
- Reduce on premise capacity by 50% and limit to maximum of 50 people, not including staff.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates; increase percentage of outdoor air that circulates into system.
- Stop self-serve style operations, including salad bars, buffets, and dispensers.
- Install physical barriers, such as clear plastic guards, where feasible.
- Establish online, no-touch payment systems/processes.
- Eliminate paper menus.
- Eliminate all table condiments.

# Public Health Guidance for Restaurants

(continued)



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite. Consider the following:**

- Screen employees daily for symptoms (fever, cough, shortness of breath).
- Employees who have symptoms should notify their supervisor and stay home.
- Sick employees should follow CDC recommended steps. Employees should not return to work until the criteria to discontinue home isolation is met, in consultation with healthcare providers and state and local health departments.
- Employees who are well but who have a sick family member at home with COVID-19 should notify their supervisor and follow CDC guidelines.
- Allow high risk employees (people over 60, pregnant women, people with underlying health conditions) to stay home or temporarily assign lower-risk duties.
- While this isn't possible for most restaurant employees, evaluate and establish policies and tools that will allow employees with administrative or financial work responsibilities to work from home. Be sure to consider the hardware and technology needs.
- Promote hand and respiratory hygiene.
- Ensure sufficient availability of alcohol-based hand sanitizers.
- Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
- Continue to regularly clean and sanitize any objects or surfaces, with special attention to high-touch surfaces.
- Follow safe food handling requirements, including handwashing with warm, soapy water for at least 20 seconds.



## Personal Protective Equipment (PPE)

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Workers with medium exposure risk (as defined in the Risk Assessment section on pages 10-11) need to wear some combination of gloves, cloth mask, and/or face shield or goggles.
- Require all employees to wear face coverings and gloves. Consider providing cloth face coverings.
- Provide handwashing and sanitizing stations for employees and customers.
- Consider requiring customers to wear cloth face coverings upon entry. Keep in mind some customers may not be able to wear face coverings due to medical conditions. For this reason, be mindful of discriminatory behavior from staff or customers.

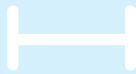
# Public Health Guidance for Retail Establishments



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Ensure that employees and customers limit close contact (stay six feet apart). Appoint a staff person who will ensure that people standing in any lines or meeting in rooms maintain physical distance.
- In areas of high-volume traffic, utilize spacing tools for social distancing screenings and lines (e.g., place tape on floor to keep people adequately spaced; place arrows in the aisle to direct the flow of movement in one direction).
- Provide services by appointment, take-out/delivery options or curbside pick-up. Establish designated pick-up zones for customers to help maintain social distancing.
- Establish online, no touch payment systems/processes.
- Consider strategies to minimize face-to-face contact and deliver services remotely (e.g., drive-thru windows, phone-based communication, online order).
- Reduce on premise capacity by 50% and limit to a maximum of 50 people, not including staff.
- Reconfigure retail space to enable social distancing (e.g., reduce inventory on floor, use smaller displays, strategically place inventory).
- Establish staggered lunch and break times for staff.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Consider installing physical barriers, such as clear plastic guards where feasible (e.g., purchase point).
- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees, customers, and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Employees should wash their hands frequently throughout the day. If hands are visibly dirty, soap and water should be chosen over hand sanitizer. Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.



# Public Health Guidance for Retail Establishments

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Support respiratory etiquette and hand hygiene for employees, customers, and visitors: (continued)
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.
- Discourage workers from using co-workers' phones, desks, offices, or other office tools and equipment, when possible. If they must use, provide disposable wipes so that commonly used surfaces (including doorknobs, remote controls, etc.) can be wiped down between each use.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screening for employees upon arriving to work.
  - Provide education and training on new processes, COVID-19, and the use of PPE while in the building.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that employers draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
  - Consider temporarily assigning employees at high risk for virus to duties that do not involve close contact with the public.
- Assess essential functions and the reliance that the community has on your services/products.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.
  - Talk with business partners about response plans. Share best practices with other businesses in your communities (especially in your supply chain), Chambers of Commerce, and associations to improve community response efforts.

# Public Health Guidance for Retail Establishments

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that the community has on your services/products (continued).
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Workers with medium exposure risk need to wear some combination of gloves, face coverings, and/or face shield or goggles.
- Provide cloth face coverings.
- Consider requiring customers to wear cloth face coverings upon entry. Keep in mind some customers may not be able to wear face coverings due to medical conditions. For this reason, be mindful of discriminatory behavior from staff or customers.

# Public Health Guidance for Personal Services

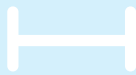
Salons | Barbershops | Tattoo Parlors | Spas



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Staff work spaces must be assessed and reconfigured so staff in the building can socially distance and limit working together in confined areas.
- Spread out appointments between all patrons so there is no waiting or limited number of people in waiting areas. Waiting areas should be reconfigured to accommodate at least six feet between patrons.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees, customers, and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking or hugging – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.
- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces in the workplace, such as tools, implements, countertops, treatment rooms, chairs, hair washing stations, reception areas, styling stations, pedicure bowls, and restrooms. Wipe down workstations between all patrons. Provide disposable wipes to employees for ease of disinfecting areas.

# Public Health Guidance for Personal Services

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Perform routine environmental cleaning and disinfection.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
  - Eliminate all magazines, book, newspapers, menus or other unnecessary papers or unnecessary objects that patrons frequently touch.
  - Avoid the use of cash, when possible. Credit/debit transactions preferred, using card swiping or chip insertion with no signature. Wipe credit/debit transaction pad between uses of each patron.
- Perform enhanced cleaning and disinfection after suspected cases of COVID-19 have been in the facility.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace
  - Implement daily health and temperature screening for employees upon arriving to work.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that the employer draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
- Assess essential functions and the reliance that the community has on your services/products.
  - Be prepared to change your business practices, if needed, to maintain critical operations (e.g., identify alternative suppliers, prioritize existing customers, or temporarily suspend some of your operations if needed).
  - Identify alternate supply chains for critical goods and services as some may be in higher demand or unavailable.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.

# Public Health Guidance for Personal Services

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that the community have on your services/products.
  - Talk with business partners about response plans. Share best practices with other businesses in your communities (especially in your supply chain), Chambers of Commerce, and associations to improve community response efforts.
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism at the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.
- Do not accept sick patrons. Have them reschedule. Send policy reminders through text or phone.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Provide gloves, face shields and protective washable gowns for procedures that require touching of patrons faces or neck areas (such as massages or spa treatments).
- Provide cloth masks to all employees. Consider distributing face shields and gloves to employees, if needed
- Provide hand sanitizer and disinfectant wipes at multiple locations throughout the building (e.g. meeting areas, reception areas, and common spaces).
- Follow all OSHA applicable regulations.
- Follow CDC guidelines for cloth and surgical masks or fabric coverings.
- Consider requiring customers to wear cloth face coverings upon entry. Keep in mind some customers may not be able to wear face coverings due to medical conditions. For this reason, be mindful of discriminatory behavior from staff or customers.



# Public Health Guidance for Outdoor Activity

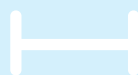
Recreation | Industry | Tourism



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Recreation
  - Maximize physical distance from others.
  - Limit group sizes.
  - Places where appropriate physical distancing may not be practical should be avoided unless precautionary measures are taken.
  - Avoid congregating in the parking lot or restrooms.
- Industry
  - Limit work crew sizes.
  - Travel separately to and from the job site.
  - Maximize physical distance between co-workers.
  - Maximize distance between staff and customers.
- Tourism
  - Limit group sizes.
  - Maximize physical distancing.
  - Consider tourism limitation by geographic region.
  - Places, events, services, and attractions where appropriate physical distancing may not be practical should be avoided unless precautionary measures are taken.
  - Avoid congregating in parking lot or restrooms.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Recreation
  - Close areas where physical distancing is not practical.
  - Employ barriers and signage to prevent access to closed buildings and playgrounds.
  - Use signage to limit occupancy and maximize physical distancing.
  - Eliminate trash receptacles with lids that require touching. Replace with no-touch trash receptacles. Require carry in/carry out.
  - Close courts for sports where physical contact is likely.
  - Pools remain closed.
  - Enhanced cleaning and sanitizing of common contact surfaces.

# Public Health Guidance for Outdoor Activity

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Industry
  - Signage and barriers to restrict vehicle occupancy.
  - Close common areas where employees congregate such as breakrooms.
  - Eliminate coffee pots and other shared non-essential items.
  - Enhanced cleaning and sanitizing of equipment and common contact surfaces.
- Tourism
  - Close buildings, services, attractions, and events where physical distancing is not practical.
  - Barriers and signage to prevent access to closed buildings.
  - Close common areas of buildings where physical distancing is not possible.
  - Barriers and signage to maximize physical distancing.
  - Enhanced cleaning and sanitizing of common contact surfaces.
  - Install physical barriers such as plexiglass between customer service staff and customers.
  - Adjust work areas to maximize separation between employees.
  - Install physical barriers such as plexiglass between employees when necessary.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Recreation
  - Conduct health screenings with employees before starting work and at the end of shift.
  - Require currently or recently sick staff to stay at home.
  - Provide sick leave.
  - Utilize online payments for park permits, marina fees, and green fees.
  - Individual closures may be necessary if social distancing guidelines are not followed.
  - Enforcement by law enforcement agencies.
- Industry
  - Conduct health screenings with employees before starting work and at the end of shift.
  - Require currently or recently sick staff to stay at home.
  - Provide sick leave.
  - Provide electronic/online pay option for customers.
  - Provide supervision to ensure physical distancing is followed.
  - Minimize sharing of equipment.

# Public Health Guidance for Outdoor Activity

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Tourism
  - Limit number of customers.
  - Conduct health screenings with employees before starting work and at the end of shift.
  - Require currently or recently sick staff to stay at home.
  - Provide sick leave.
  - Provide electronic/online pre-pay only options for tickets to entrances.
  - Limit hours to allow for additional cleaning.
  - Health screening for guests, when practical.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Provide cloth face coverings and/or face shields to employees. Consider distributing gloves to employees, if needed.
- Provide hand sanitizer and disinfectant wipes throughout multiple locations within the building (e.g., meeting areas, reception areas, and common spaces).

# Public Health Guidance for Healthcare

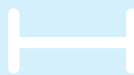
Providers | EMS | Nursing Care Facilities



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Where appropriate, employers should develop policies and procedures for immediately isolating people who have signs and/or symptoms of COVID-19, and train workers to implement them. Move potentially infectious people to a location away from workers, customers, and other visitors. Although most worksites do not have specific isolation rooms, designated areas with closable doors may serve as isolation rooms until potentially sick people can be removed from the worksite.
- If possible, isolate people suspected of having COVID-19 separately from those with confirmed cases of the virus to prevent further transmission – particularly in worksites where medical screening, triage, or healthcare activities occur, using either permanent (e.g., wall/different room) or temporary barrier (e.g., plastic sheeting).
- Restrict the number of personnel entering isolation areas.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Ensure appropriate air-handling system are installed and maintained in healthcare facilities [www.cdc.gov/mmwr/preview/mmwrhtml/rr5210a1.htm](https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5210a1.htm).
- Recommend that patients with known or suspected COVID-19 (e.g., person under investigation) should be placed in an airborne infection isolation room (AIIR), if available.
- Use isolation rooms when available for performing aerosol-generating procedures on patients with known or suspected COVID-19. For postmortem activities, use autopsy suites or other similar isolation facilities when performing aerosol-generating procedures on the bodies of people who are known to have, or suspected of having, COVID-19 at the time of their death <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-postmortem-specimens.html>.
- Use special precautions associated with Biosafety Level 3 when handling specimens from known or suspected COVID-19 patients.

# Public Health Guidance for Healthcare

(continued)



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Develop and implement policies that reduce exposure, such as grouping COVID-19 patients when single rooms are not available.
- Post signs requesting patients and family members to immediately report symptoms of respiratory illness on arrival at the healthcare facility and use disposable face masks.
- Consider offering enhanced medical monitoring of workers during COVID-19 outbreaks.
- Provide all workers with job-specific education and training on preventing transmission of COVID-19 including initial and routine training updates.
- Ensure that psychological and behavioral supports are available to address employee stress.



## Personal Protective Equipment (PPE)

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Most workers at high or very high exposure risk (as defined in the Risk Assessment section on page 10-11) likely need to wear gloves, a gown, a face shield/goggles, and either a face mask or respirator, depending on their job tasks and exposure risks.
- Those who work closely with (either in contact with, or within six feet of) patients known to be, or suspected of being infected with COVID-19, should wear respirators.
- PPE ensembles may vary, especially for workers in laboratories or morgue/mortuary facilities who may need additional protection against blood, body fluids, chemicals, and other materials to which they may be exposed. Additional PPE may include medical/surgical gowns, fluid-resistant coveralls, aprons, or other disposable or reusable protective clothing.
- Take steps to limit spread of the respiratory secretions of a person who may have COVID-19. Provide a face/surgical mask, if feasible and available, and ask the person to wear it, if tolerated. The face/surgical mask on the infected person acts to contain potentially infectious respiratory secretions at the source (e.g., the person's nose and mouth).
- Provide emergency responders and other essential personnel who may be exposed while outside of the facility with alcohol-based hand rubs containing at least 60% alcohol for decontamination in the field.

# Public Health Guidance for Mass Gathering Areas

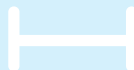
Libraries | Places of Worship | Community Centers



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Implement flexible worksites (e.g., telework), work hours (staggered shifts), and meeting and travel options (e.g., use video-/tele-conferencing for meetings, postpone non-essential meetings or events; travel separately).
- Staff should be included in facility risk assessments, especially in decision about how they do their own work.
- Facilities should participate in community conversation and coordinate with the local public health department to ensure their plans and procedures reflect the best practices adopted in the community.
- Deliver services remotely (e.g., phone, video, web) when possible.
- Deliver products through curbside pick-up or delivery when possible.
- Limit the number of people in elevators, bathroom, meeting spaces, and other common spaces; consider reconfiguring office spaces, large gathering spaces, and environment.
- Consider canceling, adjusting, or postponing large meetings or gathering that can only occur in-person.
- When video-/tele-conferencing is not possible, hold meetings in open, well-ventilated spaces where distancing is possible.
- Increase physical space – especially in waiting rooms, large gathering halls, and meeting rooms.
  - Libraries
    - Most employees who can do so should continue to work from home.
    - Libraries should continue to emphasize digital media and virtual experiences.
    - Limited access to physical objects like books and tools could be handled through a no-touch curbside service.
    - Staff work spaces must be assessed and reconfigured so staff in the building can socially distance.
    - Allowing access to actual library space will need to be implemented in phases as directed by social distancing requirement per Governor's orders.



# Public Health Guidance for Mass Gathering Areas

(continued)

## Physical Distancing (continued)

**Establish policies and procedures for social distancing. Consider the following:**

- Places of Worship
  - Allowing access to in-person services and gatherings will need to be implemented in phases as directed by social distancing requirements (group gathering requirements) per Governor's orders.
  - High risk populations should not attend in-person services in the foreseeable future. These populations can receive pastoral care from persons trained in COVID-19 safety.
- Community Centers
  - Allowing access to centers will need to be implemented in phases as directed by social distancing requirements (group gathering requirements) per Governor's orders.
  - Non-essential activities such as in-person classes and games should be cancelled; continue to expand virtual opportunities.
  - Essential activities, such as nutrition programs, can be offered in a safe manner in partnership with public health.
  - Once restrictions are lifted, prioritize essential programming and offer in small group settings.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the center (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance of your building and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.
- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces at least daily. Provide disinfectant wipes to wipe down keyboards, electronics, remote controls, etc.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Discourage workers from using co-workers' phones, desks, offices, or other office tools and equipment, when possible. If they must use, provide disposable wipes so that commonly used surfaces (including doorknobs, remote controls, etc.) can be wiped down between each use.

# Public Health Guidance for Mass Gathering Areas

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Perform enhanced cleaning and disinfection after suspected cases of COVID-19 have been in the center. Close off areas used by the sick person, open outside doors and windows to increase air circulation, and wait up to 24 hours or as long as possible before cleaning to allow respiratory droplets to settle before cleaning and disinfecting.
- If curbside services are selected, patrons should remain in the vehicles and staff should remove and place materials in their trunk/back seat.
  - Libraries
    - If physical objects are being checked-out through curbside services, consideration should be given to the kinds of material and whether any could harbor COVID-19. If physical objects are being checked out within the facility, install physical barriers (plexiglass or plastic window) in locations where exchanges may occur with customers.
    - Decontamination procedures or timeframes should be developed with assistance through CDC website.
    - Disable public WiFi to curb patrons gathering outside building.
  - Places of Worship
    - Designate a flow of traffic so worshippers can move about with minimal contact.
    - Avoid practices which could spread COVID-19 such as 'passing the plate'.
    - Alter rituals that formerly required contact so they can be practiced with social distancing.
  - Community Centers
    - Designate a flow of traffic so people can move about with minimal contact.
    - Avoid practices which risk spreading COVID such as games that require touching objects (e.g., balls).



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screenings for employees upon arriving to work.
  - Provide education and training on new processes, COVID-19, and the use of PPE while in the building.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that employers draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.

# Public Health Guidance for Mass Gathering Areas

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Review Human Resource policies to make sure that policies and practices are consistent with public health recommendations and are consistent with existing state and federal workplace laws (continued).
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
  - Consider temporarily assigning employees at high risk for COVID-19 to duties that do not involve close contact with the public.
- Assess essential functions and the reliance that the community has on your services/products.
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.
- Messaging should be coordinated with the facility's National and State associations to ensure uniformity and accuracy, and should also reflect the most current State and CDC public health guidance.
- Employees who work with small groups within facilities that begin to reopen should be trained in practicing social distancing.
- Establish a procedure for identifying people who are symptomatic; if they are identified, they should be masked and isolated until they can leave the facility.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Cloth face coverings should be worn; rather than wearing gloves, hands should be washed frequently.
- Consider requiring patrons to wear cloth face coverings upon entry. Keep in mind some customers may not be able to wear face coverings due to medical conditions. For this reason, be mindful of discriminatory behavior from staff or customers.

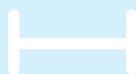
# Public Health Guidance for Childcare Programs



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Child care classes should include the same group each day, and the same providers should remain with the same group each day. If program remains open, consider creating a separate classroom or group for the children of essential workers and other first responders. If your program is unable to create a separate classroom, consider serving only the children of essential/first responder workers.
- Consider staggering arrival and drop off times; offer curbside assistance where providers come outside the facility to pick up children as they arrive.
- Cancel or postpone special events such as performances, festivals, holiday events, etc.
- Limit the mixing of children, such as staggering playground times and keeping groups separate for special activities such as art, music, and exercising.
- At nap time, ensure that children's nap time mats (or cribs) are spaced out as much as possible, ideally six feet. Consider placing children head to toe to further reduce the potential for viral spread.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees and children:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the center (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.

# Public Health Guidance for Childcare Programs

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces at least daily, especially toys and games; Provide disinfectant wipes to wipe down keyboards, electronics, remote controls, etc.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Plan to have an isolation room or area that can be used to isolate a sick child before the parent can arrive to take them home.
- Install physical barriers (plexiglass or plastic window) in locations where parent may sign children in/out and where health monitoring/temperature checks occur.
- Perform enhanced disinfection after suspected cases of COVID-19 have been in the center. Close off areas used by the sick person, open outside doors and windows to increase air circulation, and wait up to 24 hours or as long as possible before cleaning to allow respiratory droplets to settle before cleaning and disinfecting.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the center.
  - Implement daily health and temperature screenings for employee and children upon arrival to the center.
  - Encourage parents to be on the alert for signs of illness in their children and to keep them home when they are sick.
  - Provide education and training on new processes, COVID-19, and the use of PPE while in the building.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Establish procedures to ensure children and staff who come to the center sick or become sick while at the center are sent home as soon as possible.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that employers draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.

# Public Health Guidance for Childcare Programs

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws (continued).
  - Consider temporarily assigning employees at high risk for virus to duties that do not involve close contact with the public.
  - Communicate to staff the importance of being vigilant for symptoms and staying in touch with facility management if or when they start to feel sick.
- Assess essential functions and the reliance that the community has on your services/products.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.
- Maintain an adequate ratio of staff to children to ensure safety.
- Communicate to parents the importance of keeping children home when they are sick. Sick staff members and children should not return to facility until they have met the criteria to discontinue home isolation.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Cloth face coverings should be worn at all times; cloth face coverings should not be put on babies and children under the age of 2 because of the dangers of suffocation.
- Gloves should be worn when cleaning and disinfecting as well as during meal prep/serving.



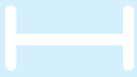
# Public Health Guidance for K-12 Schools



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Ensure staff and students limit close contact (stay six feet apart). Appoint a staff/security person who will ensure that people standing in any lines or meeting in rooms maintain physical distance.
- In areas of high-volume traffic, utilize spacing tools for social distancing screenings and lines (e.g., place tape on floor to keep people adequately spaced; place arrows in the aisle to direct the flow of movement in one direction).
- Rearrange student desks to accommodate appropriate social distancing measures.
- Assess group gatherings and events; consider postponing non-critical gatherings and events (e.g., assemblies, field days, spirit nights, athletic events).
- Establish staggered lunch and break times for students and staff.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees, students and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Install touchless soap and hand sanitizer dispensers; regular hand hygiene should be built into the daily routine.
  - Place posters that encourage hand hygiene to help stop the spread COVID-19 at the entrance to your building and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.

# Public Health Guidance for K-12 Schools

(continued)



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces in the workplace, such as workstations, keyboards, telephones, handrails, doorknobs, light switches, classroom sink handles, and countertops.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
  - Provide EPA approved-disposable wipes to teachers and staff so commonly used surfaces (e.g., keyboards, desks, remote controls) can be wiped down before and after use.
  - Place touchless hand sanitizing units in entrances to building, cafeteria, and areas where soap and water is not available.
- Perform enhanced cleaning and disinfection after suspected cases of COVID-19 has been in the facility.
- Consider having students eat meals in the classrooms or in smaller cohorts in the lunch room while maintaining social distancing measures.
- Create a separate room for sick children to be in while waiting for a caregiver to pick them up if they become ill during the school day.
- Rearrange student desks to maximize space between students; turn desks to face the same direction (rather than face each other) to reduce transmission of virus droplets.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Implement your annual seasonal influenza plan; students and staff that are ill, especially with fever and/or acute respiratory symptoms should stay home.
- Review attendance and sick leave policies. Encourage students and staff to stay home when sick, even without documentation from doctors. Use flexibility, when possible, to allow staff to stay home to care for sick family members.
- Remind students to cover their coughs and sneezes with a tissue or their elbow; ensure hygiene posters are posted in highly visible areas.
- Ensure parents/guardians have a plan to designate a caregiver (someone under the age of 60) for a sick child if parent can't stay home.
- Look for opportunities to address food insecurities for families who rely on schools for breakfast/lunch.
- Avoid assemblies and multiple class activities to limit non-essential contact between students in large gatherings.
- Consider canceling or postponing events that bring groups of families and students into more frequent contact with each other; provide teacher conferences through zoom or by appointment to minimize waiting in line.
- Limit the presence of volunteers for classroom activities, cafeteria support, and other activities.
- Limit cross-school transfers for special programs; consider using distance learning to deliver the instruction or temporarily offering duplicate programs in participating schools.

# Public Health Guidance for K-12 Schools

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that the community has on your services/products (continued).
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Cloth face coverings should be worn at all times by students and school staff (teachers, administrators, security, etc.).
- Gloves can be worn as necessary.

# Public Health Guidance for Educational Institutions

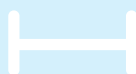
## Universities | Colleges



### Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



### Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Maintain a safe social distance of six feet or more in all settings, including meetings.
- Meeting sizes, in terms of number of participants, should be kept to a minimum in order to maintain safe social distance of six feet.
- Meeting venue should be large enough to accommodate the six feet minimum social distancing.
- In areas of high-volume traffic, utilize spacing tools for social distancing screenings and lines (e.g., place tape on floor to keep people adequately spaced; place arrows in the aisle to direct the flow of movement in one direction).
- Rearrange student desks/workstations to accommodate appropriate social distancing measures.
- Limit cafeteria and snack area tables and chairs to minimize congregation of students.



### Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees, students, and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your building and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees and students to visit CDC website for information on coughing and sneezing etiquette and handwashing.

# Public Health Guidance for Educational Institutions

(continued)



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces in the workplace, such as workstations, keyboards, telephones, handrails, and doorknobs.
  - Cleaning staff should clean and disinfect all areas (e.g., offices, bathrooms, and common areas) used by staff and students focusing especially on frequently touched surfaces; if surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection. For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Discourage workers and students from using others' phones, desks, offices, or other office tools and equipment, when possible. If they must use, provide disposable wipes so that commonly used surfaces (including doorknobs, remote controls, etc.) can be wiped down between each use.
- Perform enhanced cleaning and disinfection after suspected cases of COVID-19 have been in the building.
- Use of existing infrastructure and services (e.g., Blackboard, Skype, Zoom) to support efficient transition of classes from in-person to distance-based formats. This may include using strategies such as faculty check-ins, recorded class meetings or lectures, and live class meetings.
- Other student support services such as online library services, print materials available online, phone- or Internet-based counseling support, or study groups enabled through digital media.
- Consider using webinar hybrid classes; offer an in-person class as well as live stream via a webinar service at the same time. Participants would need to pre-register.
- To avoid lines and waiting time, encourage participants to call ahead to register for classes; ideally take payment information over the phone or invest in a touchless payment system.
- Install physical barriers (plexiglass or plastic window) in areas that would minimize direct face-to-face interaction.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace
  - Implement daily health and temperature screenings for employees upon arriving to work.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that the employer draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.

# Public Health Guidance for Educational Institutions

(continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws (continued).
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
  - Encourage students and staff to stay home when sick, even without documentation from doctors. Use flexibility, when possible, to allow staff to stay home to care for sick family members.
- Assess essential functions and the reliance the community has on your services/products.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.
- Ensure the emergency operation plan emphasizes everyday preventive actions for students and staff.
- Test communication capacity, and reiterate steps staff and students can take to stay healthy.
- Identify critical job functions and positions, and plan for alternative coverage by cross-training staff.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Cloth face coverings should be worn at all times by students and school staff (teachers, administrators, security, etc.).
- Gloves can be worn as necessary.



# Public Health Guidance for Transportation

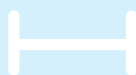
## Airport



### Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



### Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Increase physical space between employees at the worksite, and between employees and customers – especially in waiting rooms. Install plastic shields between reception staff and visitors.
- Consider downsizing operations.
- Limit the number of people in elevators, bathroom, meeting spaces, and other common spaces; consider reconfiguring office spaces and environment.



### Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees, customers, and visitors by:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing
- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces in employee breakroom and airport, such as wheelchair handles, motorized carts, other transportation and assistive devices, and communication systems such as two-way radios, tablets, or other mobile devices. Provide disinfectant wipes to clean common areas.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.

# Public Health Guidance for Transportation

(Airport - continued)



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Discourage workers from using co-workers' phones, desks, offices, or other office tools and equipment, when possible. If they must use, provide disposable wipes so that commonly used surfaces (including doorknobs, remote controls, etc.) can be wiped down by between each use.
- Perform enhanced cleaning and disinfection after suspected cases of have COVID-19 has been in the facility.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screenings for employees upon arriving to work.
  - Employees should know who the workplace coordinator is and how to contact them.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that the employer draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
- Assess essential functions and the reliance that the community has on your services/products.
  - Be prepared to change your business practices, if needed, to maintain critical operations (e.g., identify alternative suppliers, prioritize existing customers, or temporarily suspend some of your operations if needed).
  - Identify alternate supply chains for critical goods and services as some may be in higher demand or unavailable.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.
  - Talk with business partners about response plans. Share best practices with other businesses in your communities (especially in your supply chain), Chambers of Commerce, and associations to improve community response efforts.

# Public Health Guidance for Transportation

(Airport - continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that others and the community have on your services/products (continued).
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Wear cloth face coverings when social distancing not easy to maintain.
- Use gloves when removing garbage bags or handling and disposing of trash; use when disinfecting frequently touched areas; wash hands afterwards.

# Public Health Guidance for Transportation

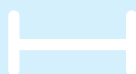
## Bus Transit



### Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



### Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Limit close contact with others by maintaining a distance of at least six feet, when possible.
- Consider asking bus passengers to enter and exit the bus through rear entry doors.
- Request passengers avoid standing or sitting within six feet of bus driver.
- Close every other row of seats.



### Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Support respiratory etiquette and hand hygiene for employees and customers:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the workplace (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing
- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces, including surfaces in the driver cockpit commonly touched by the operator.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Institute measures to physically separate bus operator from passengers by use of physical partitions or visual cues (floor decals, signs, colored tape).
- Install physical barriers such as plastic guards and partitions at staffed kiosks and on transit vehicles to the extent practicable.

# Public Health Guidance for Transportation

(Bus Transit - continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Use touchless payment and no-touch trash cans and doors as much as possible, when available. Ask customers and employees to exchange cash or credit cards by placing in a receipt tray or on the counter rather than by hand and wipe any pens, counters, or hard surfaces between each use or customer.
- Avoid using or sharing items that are not easily cleaned, sanitized or disinfected, such as disposable transit maps
- Ensure that ventilation systems operate properly and increase circulation of outdoor air as much as possible by opening windows and doors at transit center.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screenings for employees upon arriving to work.
  - Employees should know who the workplace coordinator is and how to contact them.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that the employer draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
  - Actively encourage sick employees to stay home. Sick employees should not return to work until criteria to discontinue home isolation is met.
- Assess essential functions and the reliance that the community has on your services/products.
  - Be prepared to change your business practices, if needed, to maintain critical operations.
  - Identify alternate supply chains for critical goods and services as some may be in higher demand or unavailable.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.

# Public Health Guidance for Transportation

(Bus Transit - continued)



## **Administrative Controls (continued)**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that the community has on your services/products (continued).
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Wear cloth face coverings when social distancing not easy to maintain.
- Use gloves when removing garbage bags or handling and disposing of trash; use when disinfecting frequently touched areas; wash hands afterwards.



# Public Health Guidance for Rideshare

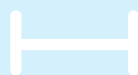
Taxi | Limo | Lyft | Uber



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Avoid providing pooled rides or picking up multiple passengers who would not otherwise be together on the same route.
- Tell passenger to sit in the back seat; do not let passengers sit in the front seat.
- Keep a distance of at least six feet from passengers when you are outside the vehicle.
- Ask passengers to sit six feet from driver when transporting passengers in larger vehicles such as vans and buses.
- Consider asking passengers to handle their own personal bags and belongings during pick-up and drop-off.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Support respiratory etiquette and hand hygiene for yourself and customers:
  - Consider providing tissues and alcohol-based hand sanitizer that is at least 60% alcohol).
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces, including door frames/handles, windows, seat belt buckles, steering wheel, gearshift, signaling levers, and other vehicle parts at a minimum before shift, after shift, and when transporting any sick passenger.
- For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Implement touch-free options to pay for services; utilize iPhone apps; minimize handling/exchanging money.
- Avoid using or sharing items that are not easily cleaned, sanitized, or disinfected.
- Ensure that ventilation systems operate properly and increase circulation of outdoor air as much as possible by opening windows and doors. Avoid using the recirculated air option for the car's ventilation during passenger transport; use car's vents to bring in fresh outside air and/or lower the vehicle windows.

# Public Health Guidance for Rideshare

(continued)



## **Administrative Controls**

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Actively encourage sick drivers to stay home.
- Provide employees with where to find accurate information about COVID-19, its symptoms, and how it spreads.
- Encourage the use of and provide assistance in acquiring hand sanitizer and disposable wipes and cleaning products so that commonly touched vehicle surfaces can be wiped down by drivers.
- Develop policies and technology options that allow and prioritize contactless transactions that limit or eliminate close contact and the sharing of items such as pens and electronic signature pads between drivers and passengers.



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Wear cloth face coverings when social distancing is not easy to maintain.
- Use gloves when cleaning and disinfecting frequently touches surfaces.

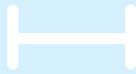
# Public Health Guidance for Bars



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Limit service to drive-thru, or curbside pickup options only.
- Provide physical guides, such as tape on floors or sidewalks to ensure customers remain at least six feet apart in lines or ask customers to wait in their vehicles or away from the establishment while waiting to pick up food.
- Post signs to inform customers of food pickup protocols.
- Restrict the number of employees in shared spaces including kitchen, break room, and offices.
- Rotate or stagger shifts to limit the number of employees in the workplace at the same time; adjust operating hours.
- As reopen continues, reduce occupancy and limit the size of parties dining together to sizes that ensure that all customer parties remain at least six feet apart.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Support respiratory etiquette and hand hygiene for employees, customers, and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread COVID-19 in areas where they are likely to be seen.
  - Discourage handshaking between employees – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.
- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.

# Public Health Guidance for Bars

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Use touchless payment and no-touch trash cans and doors as much as possible, when available. Ask customers and employees to exchange cash or credit cards by placing in a receipt tray or on the counter rather than by hand and wipe any pens, counters, or hard surfaces between each use or customer. If possible, use phone app technology to alert patrons when their table is ready to avoid touching and use of 'buzzers'.
- Increase ventilation rates; increase percentage of outdoor air that circulates into system.
- Stop self-serve style operations including salad bars, buffets, and dispensers.
- Eliminate paper menus and all table condiments.
- Consider installing physical barriers, such as plastic guards and partitions at cash registers, or other food pickup areas where maintaining physical distance of six feet is difficult.
- All tables and bar stools should remain at least six feet apart, marking tables and stools that are not for use.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the workplace.
  - Implement daily health and temperature screenings for employees upon arriving to work.
  - Employees should know who the workplace coordinator is and how to contact them.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, employer might want to draft non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
- Assess essential functions and the reliance that the community have on your services/products.
  - Identify alternate supply chains for critical goods and services as some may be in higher demand or unavailable.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.

# Public Health Guidance for Bars

(continued)



## Administrative Controls (continued)

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Assess essential functions and the reliance that the community has on your services/products (continued).
  - Talk with business partners about response plans. Share best practices with other businesses in your communities (especially in your supply chain), Chambers of Commerce, and associations to improve community response efforts.
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Prepare to institute flexible workplace and leave policies. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.
- Allow high risk employees (people over 60, pregnant women, people with underlying health conditions) to stay home or temporarily assign to non-public contact duties.
- While this is not possible for most bar employees, evaluate and establish policies and tools that will allow employees with administrative or financial work responsibilities to do so from home. Be sure to consider the hardware needs.



## Personal Protective Equipment (PPE)

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Workers with medium exposure risk need to wear some combination of gloves, cloth face covering, and/or face shield or goggles.
- Provide all employees with cloth face coverings and gloves if appropriate. Consider providing cloth face coverings.
- Provide handwashing and hand sanitizing stations for employees and customers.
- Consider requiring customers to wear cloth face coverings upon entry. Keep in mind some customers may not be able to wear face coverings due to medical conditions. For this reason, be mindful of discriminatory behavior from staff or customers.

# Public Health Guidance for Senior Facilities

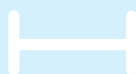
## Senior Centers | Adult Day Care Centers



### Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



### Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Increase physical space between employees and customers, at least 8 feet apart (this allows a person to be standing next to their chair but still following social distancing recommendations).
- In areas of high traffic, utilize spacing tools for social distancing screenings and lines (e.g., place tape on floor to keep people adequately spaced; place arrows in aisle to direct flow of movement in one direction).
- Limit the number of people visiting the center or engaging in social events. Current guidelines is for sites <50,000 sq. ft. to allow 25% of maximum occupancy to be in the building at one time (e.g., if your largest room is capped at 300 people, you now can only allow 75 people).
- Remove lounge chairs/couches to increase distancing requirements and minimize congregation of people.
- Rearrange board and conference room configurations to meet distancing guidelines.
- Establish staggered lunches and break times for staff.
- Provide services by appointment, if possible.
- Social clubs, group activities, travel, and table/board games should be discouraged for the foreseeable future.
- Replace face-to-face meetings with virtual or phone meetings.



### Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees, residents and visitors:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the center (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.

# Public Health Guidance for Senior Facilities

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Support respiratory etiquette and hand hygiene for employees, residents and visitors (continued):
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.
- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces at least daily, especially keyboards, electronics, remote controls, games and door handles; Provide disinfectant wipes to wipe down items.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Perform enhanced disinfection after suspected cases of COVID-19 have been in the center. Close off areas used by the sick person, open outside doors and windows to increase air circulation, and wait up to 24 hours or as long as possible before cleaning to allow respiratory droplets to settle before cleaning and disinfecting.
- Install physical barriers (plexiglass or plastic window) in locations where visitors check in and where health monitoring/temperature checks occur.
- To avoid lines and waiting time, encourage participants to call ahead to register for classes; ideally take payment information over the phone or invest in a touchless payment system.
- Consider using webinar hybrid classes; offer an in-person class as well as live stream via a webinar service at the same time. Participants would need to pre-register.
- Avoid practices which risk spreading COVID-19, such as games that require touching objects (cards, board games, puzzles).
- Water fountains should be shut off or blocked and water pitchers should not be available in common areas; consider offering bottled water or encourage participants to bring their own.
- If serving meals, grab-and-go lunches should be available; pick up for meals should include social distancing measures.
- Transportation: any rider should be health/temperature screened prior to entering vehicle; driver should wear face covering and face shield if plastic barriers are not in place; riders should all wear face coverings.



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact at the center.
  - Implement daily health and temperature screenings for employees upon arrival to the center.
  - Encourage staff to be on the alert for signs of illness in the residents or visitors.
  - Provide education and training on new processes, COVID-19, and the use of PPE while in the building.
- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws.
  - Establish procedures to ensure staff, residents or visitors who come to the center sick or become sick while at the center are sent home as soon as possible.



# Public Health Guidance for Senior Facilities

(continued)



## Administrative Controls (continued)

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Review Human Resource policies to make sure that policies and practices are consistent with both public health recommendations and existing state and federal workplace laws (continued).
  - Implement flexible sick leave and supportive policies and practices.
  - Ensure that sick leave policies are flexible and consistent with public health guidance and provide employee training on new policies. If sick leave is not a benefit, it is recommended that employers draft a non-punitive emergency sick leave policy.
  - Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school/daycare closures.
  - Employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work.
  - Connect employees to Employee Assistance Program (EAP) resources and community resources as needed. Employees may need additional social, behavioral, and other services for mental health support.
  - Consider temporarily assigning employees at high risk for COVID-19 to duties that do not involve close contact with the public.
  - Communicate to staff the importance of being vigilant for symptoms and staying in touch with facility management if or when they start to feel sick.
- Assess essential functions and the reliance that the community has on your services/products.
  - Bring staff back at least a week prior to reopening the Senior Center; this allows for training staff on new policies/procedures, rearranging site's seating and rooms, and other pertinent activities.
  - Volunteers are an important part of staffing, include them in 'retraining' as you phase in opening your activities.
  - Talk with companies that provide your business with contract or temporary employees about the importance of sick employees staying home and encourage them to develop non-punitive leave policies.
  - Determine how you will operate if absenteeism spikes from increases in sick employees, those who stay home to care for sick family members, and those who must stay home to watch their children. Plan to monitor and respond to absenteeism in the workplace. Implement plans to continue your essential business functions. Cross-train employees to perform essential functions so the workplace can operate even if key employees are absent.
- Maintain an adequate ratio of staff to residents to ensure safety.
- Reopening is suggested in a three-phased approach. Plan to run phases for at least two weeks before relaxing additional restrictions. If any visitor/staff is diagnosed with COVID-19 after visiting the Center, the Center should consider closing all program for two weeks (recommended quarantine length), and then starting again with phase one.

# Public Health Guidance for Senior Facilities

(continued)



## **Personal Protective Equipment (PPE)**

**Require the appropriate type of PPE for employees and customers.**

### **Consider the following:**

- Cloth face coverings should be worn by employees and visitors at all times; offer education on face covering and wearing hygiene as needed.
- Offer cloth face coverings to visitors, as needed.
- Gloves, face shields, gowns, and other PPE can be worn as staff and visitors feel appropriate and/or comfortable, but these are not enforced.

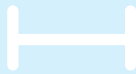
# Public Health Guidance for Vulnerable Workers



## Conduct Risk Assessment

**Establish critical protective guidelines. Consider the following questions:**

- Are there locations where employees routinely congregate?
- Are tools and equipment frequently shared by multiple employees?
- Does customer flow allow for social distancing measures?
- Where are areas in your business that would not allow customers and staff to properly distance?
- Who are your high risk employees?
- Is your business actively engaged in activities that promote disease transmission?
- Does your business have existing cleaning and disinfecting procedures?
- How quickly can you communicate with employees?
- Are communication resources needed in multiple languages?



## Physical Distancing

**Establish policies and procedures for social distancing. Consider the following:**

- Limit service to drive-thru, curbside takeout, or delivery options.
- Consider installing physical barriers, such as plastic guards or partitions, and changing workspace layouts to ensure all individuals remain at least six feet apart.
- Close communal spaces, such as break rooms, if possible or stagger use and clean and disinfect in between uses.
- Encourage telework for as many employees as possible.
- Consider rotating or staggering shifts to limit the number of employees in the workplace at the same time.
- Replace in-person meetings with video-or tele-conference calls whenever possible.
- Cancel all group events, gatherings, or meeting of more than 10 people and any events where social distancing of at least six feet cannot be maintained between participants for the foreseeable future.
- Limit any sharing of food, tools, equipment, or supplies.



## Engineering & Environmental Controls

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Increase ventilation rates and percentage of outdoor air that circulates into the system.
- Support respiratory etiquette and hand hygiene for employees:
  - Provide tissues, no-touch disposal receptacles, and soap and water in the center (if not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol). Ensure adequate supplies are maintained and place hand sanitizers in multiple locations.
  - Place posters that encourage hand hygiene to help stop the spread of COVID-19 at the entrance to your workplace and in other areas where they are likely to be seen.
  - Discourage handshaking – encourage the use of other non-contact methods of greeting.
  - Direct employees to visit CDC website for information on coughing and sneezing etiquette and handwashing.

# Public Health Guidance for Vulnerable Workers

(continued)



## Engineering & Environmental Controls (continued)

**Improve engineering controls and perform routine environmental cleaning.**

**Consider the following:**

- Perform routine environmental cleaning and disinfection.
  - Routinely disinfect all frequently touched surfaces frequently; Provide disinfectant wipes to wipe down keyboards, electronics, remote controls, etc.
  - For disinfection, most common EPA-registered household disinfectants should be effective. Follow the manufacturer's instructions for all cleaning and disinfection products.
- Ensure compliance with ADA and ADEA regulations; CDC and OSHA guidance for reducing workplace exposure for all employees should be followed.
- Consider installing physical barriers (plexiglass or plastic window) in locations where vulnerable workers work.
- Perform enhanced disinfection after suspected cases of COVID-19 have been in the facility. Close off areas used by the sick person, open outside doors and windows to increase air circulation, and wait up to 24 hours or as long as possible before cleaning to allow for respiratory droplets settle before cleaning and disinfecting .



## Administrative Controls

**Establish administrative controls while employees and visitors are onsite.**

**Consider the following:**

- Reopen only if business can ensure strict social distancing, proper cleaning and disinfecting requirements and protection of their workers and customers; vulnerable workers are recommended to shelter in place.
- Consider conducting routine, daily health checks (e.g., temperature and symptom screening) of all employees.
- Encourage employees who are sick to stay at home; implement flexible sick leave and other flexible policies and practices, such as telework, if feasible.
- Monitor absenteeism of employees and create a roster of trained back-up staff.
- Create and test communication systems for employees for self-reporting and notification of exposures and closures.
- Cancel all non-essential travel and consider resuming non-essential travel in accordance with state and local regulations and guidance.



## Personal Protective Equipment (PPE)

**Require the appropriate type of PPE for employees and customers.**

**Consider the following:**

- Wear cloth face coverings; face shields as necessary.

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# RESOURCES

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# COVID-19 and our communities



## MANAGING COVID-19 IN THE WORKPLACE

Saginaw County businesses and entities may remain open if they provide essential services to sustain or protect life, or are resumed under Executive Order. These businesses and entities must follow the guidelines established by the State to ensure the safety of employees and customers.



### ESSENTIAL OR NOT?

Critical infrastructure workers have jobs where in-person presence is necessary to sustain or protect life. Examples include but are not limited to:

- Healthcare
- Food service Grocery
- Manufacturers of
- lifesaving equipment

If exposed to COVID-19 these workers must monitor for the development of any symptoms but do not have to quarantine for 14 days unless required by their employer.

Other types of workers, including resumed businesses, and ones who need to work on-site but not for critical infrastructure, still need to quarantine for 14 days after an exposure.

### RECOMMENDED CHECKLIST



Screen everyone. Check employees for fever or other symptoms if they will enter facilities or buildings.



Any employee with symptoms or underlying health conditions must stay home or work remotely.



Maintain 6 feet of distance between people.



Emphasize frequent and proper hand washing. Make sure sinks are well supplied.



Do not share space or equipment. If this is not possible, have employees wash their hands before and after using shared equipment. Clean and sanitize equipment between uses.



Employees should work remotely if at all possible.



Require employees to wear cloth masks, unless medically unable to. Medical masks should be reserved for those in health care.



# COVID-19 and our communities



## COVID-19 Workplace Health Screening

Company Name: \_\_\_\_\_

Employee: \_\_\_\_\_

Time In: \_\_\_\_\_

Date: \_\_\_\_\_

### 1. In the last 24 hours, have you experienced:

Subjective fever (felt feverish):	<input type="checkbox"/> Yes	<input type="checkbox"/> No
New or worsening cough:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Shortness of breath or difficulty breathing:	<input type="checkbox"/> Yes	<input type="checkbox"/> No

### 2. In the last 24 hours, have you experienced:

Chills:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Headache*:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sore throat:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Loss of smell or taste:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Runny nose or congestion*:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Muscle aches:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Abdominal pain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Fatigue:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Nausea:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Vomiting:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Diarrhea*:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Current Temperature:		

*\*New or worsening symptoms outside of what individual defines as normal.*

If you answer "yes" to any of the symptoms listed above in section 1, at least two of the symptoms listed in section 2, OR your temperature is 100.4° F or higher, **please do not go into work. Self-isolate at home and contact your primary care physician's office for direction.**

- You should isolate at home for minimum of 10 days since symptoms first appear or per guidance of your local health department.
  - If diagnosed as a probable COVID-19 or test positive, call your local health department and make them aware of your diagnosis or testing status.
- You must also have 3 days without fevers (without use of fever reducing medications) and improvement in respiratory symptoms.

### In the past 14 days, have you:

Had close contact with an individual diagnosed with COVID-19?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Traveled via airplane internationally or domestically?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

If you answer "yes" to either of these questions, **please do not go into work. Self-quarantine at home for 14 days. Contact your primary care physician's office** if you have symptoms or have had close contact with an individual for evaluation. If you are given a probable diagnosis or test positive call your local health department to ensure they are aware.

For questions, visit [www.saginawpublichealth.org/coronavirus](http://www.saginawpublichealth.org/coronavirus) or call the Saginaw County Health Department COVID-19 hotline (989) 758-3828.



May 6, 2020

# COVID-19 and our communities



## CLEANING & DISINFECTION

### For Facilities After Suspected or Confirmed COVID-19 Exposure

#### Timing and location of cleaning and disinfection of surfaces.

At a school, daycare center, office, or other facility that **does not house people overnight**:

It is recommended to close off areas used by the ill persons and wait as long as practical before beginning cleaning and disinfection to minimize potential for exposure to respiratory droplets. Open outside doors and windows to increase air circulation in the area. If possible, wait up to 24 hours before beginning cleaning and disinfection.

#### How to clean and disinfect.

##### Surfaces

**If surfaces are dirty**, they should be cleaned using a detergent or soap and water prior to disinfection.

**For disinfection**, diluted household bleach solutions, alcohol solutions with at least 70% alcohol, and most common EPA-registered household disinfectants should be effective.

- Diluted household bleach solutions can be used if appropriate for the surface. Follow manufacturer's instructions for application and proper ventilation.
- Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser.

- Unexpired household bleach will be effective against coronaviruses when properly diluted.

Prepare a bleach solution by mixing:

- Five tablespoons (1/3 cup) bleach per gallon of water, or
- Four teaspoons bleach per quart of water.

[Products with EPA-approved emerging viral pathogens claims](#) are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).

##### Soft Surfaces

For soft (porous) surfaces such as carpeted floor, rugs, and drapes, remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces. After cleaning:

- If the items can be laundered, launder items in accordance with the manufacturer's instructions using the warmest appropriate water setting for the items and then dry items completely. Otherwise, use products with the EPA-approved emerging viral pathogens claims [that are suitable for porous surfaces](#).

### Linens, Clothing, and Other Items That Go in the Laundry

- Do not shake dirty laundry; this minimizes the possibility of dispersing virus through the air.
- Wash items as appropriate in accordance with the manufacturer's instructions. If possible, launder items using the warmest appropriate water setting for the items and dry items completely. Dirty laundry that has been in contact with an ill person can be washed with other people's items.
- Clean and disinfect hampers or other carts for transporting laundry according to guidance above for hard or soft surfaces.

## Personal protective equipment (PPE) and hand hygiene considerations.

Cleaning staff should wear disposable gloves and gowns for all tasks in the cleaning process, including handling trash.

- Gloves and gowns should be compatible with the disinfectant products being used.
- Additional PPE might be required based on the cleaning/disinfectant products being used and whether there is a risk of splash.
- Gloves and gowns should be removed carefully to avoid contamination of the wearer and the surrounding area. Be sure to **clean hands** after removing gloves.
- Gloves should be removed after cleaning a room or area occupied by ill persons. [Clean hands](#) immediately after gloves are removed.
- Cleaning staff should immediately report breaches in PPE (e.g., tear in gloves) or any potential exposures to their supervisor.

### Cleaning staff and others should clean hands often.

Clean hands often including immediately after removing gloves and after contact with an ill person, by washing hands with soap and warm water for 20 seconds. If soap and warm water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and warm water.

Follow normal preventive actions while at work and home, including cleaning hands and avoiding touching eyes, nose, or mouth. Additional key times to clean hands include:

- After blowing one's nose, coughing, or sneezing
- After using the restroom
- Before eating or preparing food
- After contact with animals or pets
- Before and after providing routine care for another person who needs assistance (e.g., a child)

# FAQS

## **One of our employees just tested positive for COVID-19. Should I send everyone home?**

Instruct the employee to stay home and self-isolate; it is not necessary to send everyone home. Notify the health department. The COVID-19 employee should not return to work for at least 10 days after symptoms first started and 72 hours (3 full days) after fever has resolved without the use of fever-reducing medicines and symptoms have improved, whichever is longer. Thoroughly clean the employee's workspace, equipment, and surfaces such as doorknobs or elevator buttons.

## **An employee had close contact with a "suspected" OR a confirmed case of COVID-19. What should I do?**

If the employee is not a health care or critical infrastructure worker, the employee is not permitted on the worksite and should self-quarantine at home for 14 days. If the employee is a health care or critical infrastructure worker, the employee may continue to work if they do not have symptoms. The employee should wear a mask while at work.

## **What should I do if visitors or customers have symptoms of illness, such as coughing or sneezing?**

You and your employees should follow social distancing guidance and maintain at least a 6-foot distance from anyone, especially those who are having symptoms. If your employee must be closer to the customer, advise them to minimize time spent with symptomatic customers to less than 10 minutes, if possible. Be sure to provide the public with tissues and trash receptacles. Have a no-touch hand sanitizer dispenser near customer entrances. Employees should wear a cloth mask or face covering.

## **WHAT IS A "CLOSE CONTACT"?**

Someone has had a "close contact" with an individual with COVID-19 if they were within 6 feet of the ill person for greater than 10 minutes while the ill person had symptoms of COVID-19.

## **WHAT IS QUARANTINE?**

Quarantine is for individuals who have been exposed to COVID-19 but are not sick. Quarantine lasts for 14 days. Individuals who are quarantined should not leave their home. Critical infrastructure and healthcare employees do not need to be in quarantine, even after an exposure.

## **WHAT IS ISOLATION?**

Isolation is for individuals who have tested positive or are suspected to be sick with COVID-19. Individuals in isolation should not leave their home and should avoid all members of their household. Isolation lasts for 10 days since the onset of symptoms and they are 3 days fever-free (lower than 100.4°F) without medicine.



# HANDOUTS FOR EMPLOYEES

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77	MDHHS: When is it safe to leave home?
78	CDC: How to Protect Yourself and Others

# COVID-19 and our communities



## Face Coverings: Frequently Asked Questions

The Michigan Department of Health and Human Services recommends that Michiganders wear a face covering when outside of their home to help stop the spread of coronavirus disease 2019 (COVID-19).

Wearing a face covering is an additional precaution we can take that may help stop the spread of COVID-19. The best way to keep from getting sick is to stay home as much as possible, practice social distancing – keep at least 6 feet of distance from others, and good hand hygiene.

### What is a face covering?

- A face covering is any well-secured cloth (like a bandana or scarf) that covers your mouth and nose.
- A face covering is different from a surgical or N95 mask which must be reserved for healthcare workers.

### Who should and should not wear a face covering?

Cloth face coverings should not be placed on:

- young children under age 2,
- anyone who has trouble breathing, is unconscious, incapacitated, and
- anyone otherwise unable to remove the mask without assistance.

Cloth face coverings should be worn by:

- All others when they need to be outside their home and within 6 feet of others.
- People who are sick should wear a face covering while at home if they cannot maintain at least 6 feet of distance from others.
- People who are sick and who need to leave home, such as to get urgent medical care, should always wear a face covering.

Do I need to wear a face covering all the time when outside my house?

- If you are sick, yes. Remember you must stay home if you are sick and only leave for essential medical care. Arrange for essential items, like groceries, to be delivered to you through a delivery service or through friends or family.
- If you are not sick, you should wear a face covering whenever you need to leave home and might be closer than 6 feet from others. Examples include using public transportation, riding in a taxi or car service, walking on a busy street, going to pharmacies and grocery stores, and going to the doctor or a hospital.
- Essential workers should also wear a face covering at work when they cannot maintain at least 6 feet of distance between themselves and others.



**Do I need to wear a face covering when I am exercising?**

No — as long as you maintain at least 6 feet from others.

People should only do exercises that allow them keep physical distance from others. Walking, running, and biking outside are good examples of activities that do not require shared equipment or close contact with others.

**I was confirmed to have COVID-19 and am better now. Do I still need to wear a face covering?** Yes – everyone that is able should wear a face covering when outside of their home and it is not possible to maintain at least 6 feet of distance between others. Social distancing is still necessary, even when using a face covering.

We don't yet know how long the virus remains in a person's body, or whether it is possible to get sick again. Using facemasks in public and practicing social distancing is still important for people who were sick and recovered.

Remember if you had or may have had COVID-19, you should not leave the house except for essential medical care or to get essential needs until all the following are true:

- It has been at least 7 days since your symptoms started or since you tested positive for COVID-19 **and**
- You have been fever-free for the last 3 days without taking fever-reducing drugs such as Tylenol or ibuprofen **and**
- Your overall illness has improved (for example, when your cough or shortness of breath have improved).

**Why is this being recommended now?**

As we learn more about COVID-19, sometimes recommendations change. There is increasing evidence that people without symptoms may be able to spread the virus, and that droplets produced when breathing, speaking, or singing may spread COVID-19 from person to person.

This evidence informed the decision to recommend face coverings. The use of face coverings is one more simple tool that may help reduce the spread of the virus – especially from people who are infected and don't know it yet.

**How often do I need to wash my face covering?**

If you are using a cloth face covering, we recommend washing once a day by hand or machine using detergent. The face covering should be fully dry before using. You should have a couple of face coverings so you can rotate for washing.

**Are there precautions I should take with my face covering?**

- In taking on and off a face covering, you will likely touch your face. As such, please wash your hands with soap and warm water for at least 20 seconds. If soap and warm water are not



available, use an alcohol-based sanitizer that contains at least 60% alcohol every time before and after removing or putting on your mask.

- Do not put a used face covering in places where others can touch them or where germs trapped in your face covering can touch other surfaces, such as counter tops or your kitchen table.
- Do not throw your face covering loose in a bag or backpack. We recommend keeping a paper bag with you to store your face covering if you will be taking it off outside your house.

### **Is it possible to make your own face covering?**

Yes! A face covering can be a scarf, bandana or other cloth. [Watch this video from the U.S. Surgeon General](#) to see ideas about creating a face covering with household items.

### **What is the best fabric for a mask?**

Use tightly woven cotton, such as quilting fabric or cotton sheets.

**Are medical grade masks such as N95 or surgical masks better than home made masks?** Medical grade masks need to be saved for use by health care providers only. Use of homemade masks for people with lower risk exposure is a good way to decrease the chance of exposure to COVID-19.

# I think I have been exposed to COVID-19, what should I do?

## Close Contacts

I live with or am caring for someone with COVID-19

Someone that has COVID-19 coughed or sneezed on me

I think my coworker has COVID-19

I think someone I know has COVID-19

You should self quarantine and monitor yourself for symptoms. The local health department may ask you to do so.\*

You do not need to self quarantine, but it is a good idea to be vigilant and monitor yourself for symptoms.

Have you developed symptoms of respiratory illness such as **fever, cough, or shortness of breath**?

**YES**

**NO**

Are you having **severe symptoms** like difficulty breathing, persistent pain or pressure in the chest, new confusion or inability to arouse or bluish lips or face?

**YES**

**NO**

Seek immediate medical attention.

Contact your health care provider to discuss your symptoms.

## HOW DO I MONITOR MYSELF?

Pay attention for COVID-19 symptoms:

- **Fever**
- **Cough**
- **Shortness of Breath**

If you are concerned about your health, contact your health care provider.

**If your doctor decides you should be tested for COVID-19,**  
your health care provider can order testing for you.

Health care provider takes a sample

Sample is sent to a laboratory for testing

Laboratory sends result to health care provider

Health care provider informs patient of result. The state health department will not provide results.

\*Quarantine process for general public, does not specifically apply to health care workers.

# When is it safe to leave home

if you have symptoms of COVID-19 or  
live with someone who does?

**STAY HOME.**  
**STAY SAFE. SAVE LIVES.**  
MICHIGAN.GOV/CORONAVIRUS

**Employers can't retaliate against workers for taking time  
away from work under these circumstances.**

File a complaint with MIOSHA . Learn more at [Michigan.gov/MIOSHAc COMPLAINT](https://Michigan.gov/MIOSHAc COMPLAINT).

## For Me

I have been  
diagnosed with  
COVID-19.

I have developed  
one or more  
symptoms of  
COVID-19.

**Stay home for 7 days** after you were  
tested or developed symptoms.

After staying home for 7 days, have  
you been **symptom-free for 3 days**?

**YES**

You may leave if you are  
symptom-free.

**NO**

Stay home until 3 days have passed  
after all symptoms have stopped.

## Close Contacts

I live with  
someone  
diagnosed with  
COVID-19.

I live with someone  
who has developed one  
or more symptoms of  
COVID-19.

**Stay home for 14 days** after your **last  
contact** with the sick person.  
**Monitor yourself for symptoms.**

You may leave if  
you are  
symptom-free.

## How do I monitor myself?



Pay attention for  
COVID-19 symptoms:

- **Fever**
- **Cough**
- **Shortness of breath**

If you are concerned  
about your health or  
develop symptoms,  
contact your health care  
provider or urgent care.



## Should I wear a mask?

If you or your close contact is symptomatic and you must  
leave home, you should cover your nose and mouth with  
a homemade mask, scarf, bandana or handkerchief.

\*Process for general public, does not specifically apply to workers at a health-care facility,  
first responders (e.g., police officers, fire fighters, paramedics), and prison employees.

# How to Protect Yourself and Others

## Know how it spreads



- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
  - » Between people who are in close contact with one another (within about 6 feet).
  - » Through respiratory droplets produced when an infected person coughs, sneezes or talks.
  - » These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
  - » Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

## Everyone should

### Clean your hands often

---



- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

### Avoid close contact

---



- **Stay home if you are sick.**
- **Avoid close contact** with people who are sick.
- **Put distance between yourself and other people.**
  - » Remember that some people without symptoms may be able to spread virus.
  - » This is especially important for **people who are at higher risk of getting very sick**. [www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html)



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

## Cover your mouth and nose with a cloth face cover when around others

---



- **You could spread COVID-19 to others** even if you do not feel sick.
- **Everyone should wear a cloth face cover when they have to go out in public**, for example to the grocery store or to pick up other necessities.
  - » Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- **The cloth face cover is meant to protect other people** in case you are infected.
- Do **NOT** use a facemask meant for a healthcare worker.
- Continue to **keep about 6 feet between yourself and others**. The cloth face cover is not a substitute for social distancing.

## Cover coughs and sneezes

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- **If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

## Clean and disinfect

---



- **Clean AND disinfect frequently touched surfaces** daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html)
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.
- **Then, use a household disinfectant.** You can see a list of [EPA-registered household disinfectants here](#).



# SIGNS FOR WORKPLACE

<b><u>Page</u></b>	<b><u>Signs for Workplace</u></b>
81	CDC: Germs all around you
82	CDC: Stop the Spread of Germs
83	CDC: Feeling Sick?
84	Face Coverings Must Be Worn



# GERMS

are all around you.



Stay healthy.  
Wash your hands.



# Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



When in public, wear a cloth face covering over your nose and mouth.

Clean and disinfect frequently touched objects and surfaces.



Wash your hands often with soap and water for at least 20 seconds.

Stay home when you are sick, except to get medical care.



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)



# Feeling Sick?

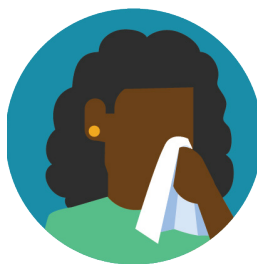
**Stay home when you are sick!**

If you feel unwell or have the following symptoms  
**please leave the building and contact your health care provider.**  
Then follow-up with your supervisor.

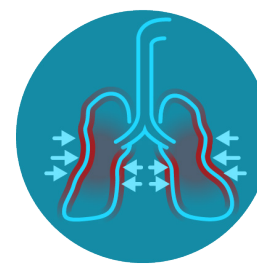
**DO NOT ENTER if you have:**



**FEVER**



**COUGH**



**SHORTNESS  
OF BREATH**



**[cdc.gov/CORONAVIRUS](https://cdc.gov/CORONAVIRUS)**

# COVID-19 and our communities

Saginaw County



HEALTH DEPARTMENT

Per Governor Whitmer's  
Executive Order,  
**we are requiring anyone  
entering this facility to  
wear a face covering.**

If you do not have one, one will be  
provided to you. Thank you for  
your understanding as we work to  
keep our community safe!

Saginaw County



HEALTH DEPARTMENT

Saginaw County Health Department is committed to providing equitable, culturally competent care to all individuals served, regardless of race, age, sex, color, national origin, religion, height, weight, marital status, political affiliation, sexual orientation, gender identity, or disability.