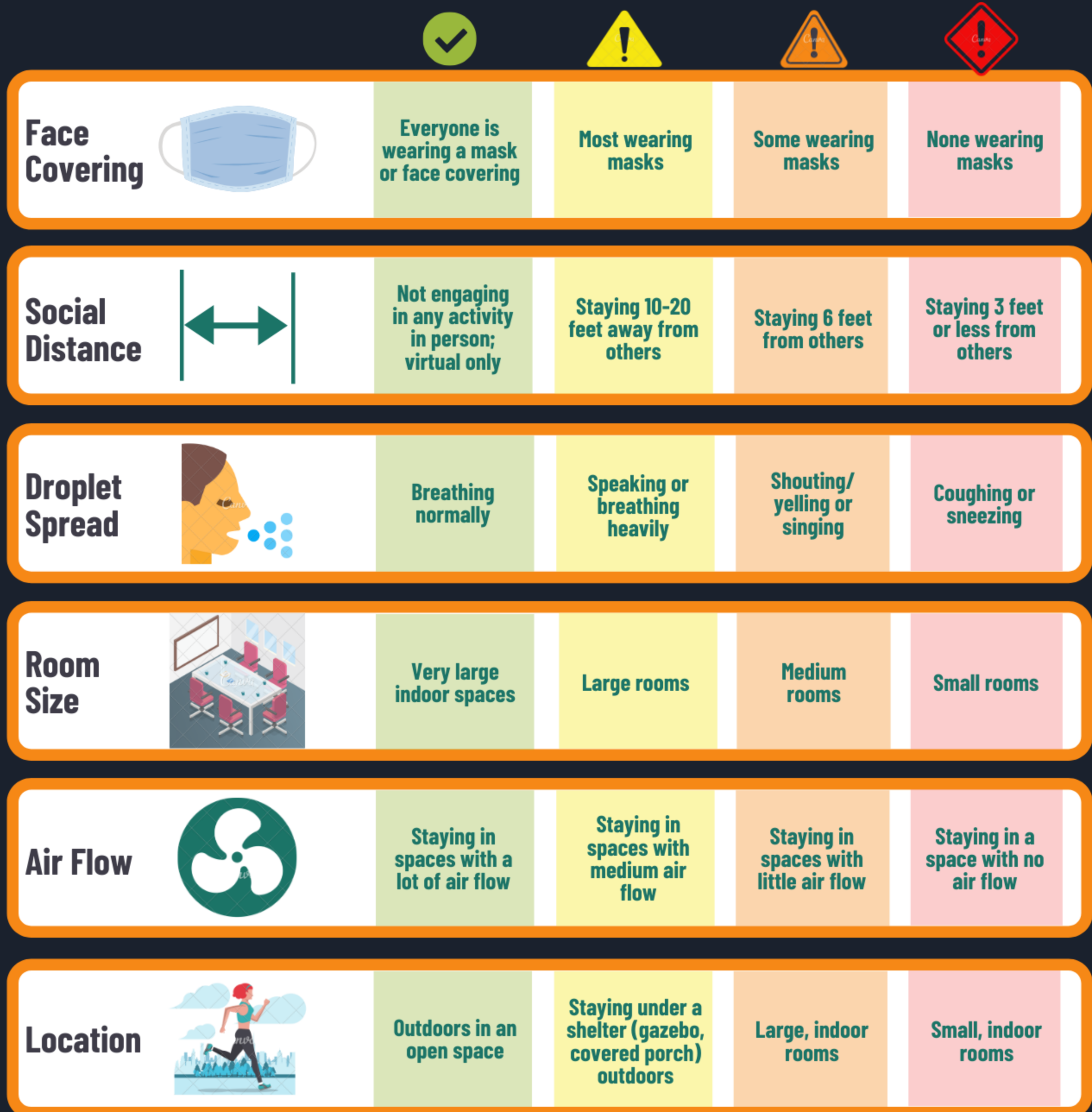


# COVID-19: REDUCE YOUR RISK

Many factors influence the chances of getting or spreading the COVID-19 virus. When possible, choose activities or behaviors on the low-risk (green) side of the chart; keeping in mind that the more low-risk choices you make, the more protection you have from getting or spreading COVID-19.



## Sources:

- [https://wwwnc.cdc.gov/eid/article/26/7/20-0764\\_article#suggestedcitation](https://wwwnc.cdc.gov/eid/article/26/7/20-0764_article#suggestedcitation)
- <https://www.pnas.org/content/early/2020/05/12/2006874117>
- [https://wwwnc.cdc.gov/eid/article/26/8/20-1274\\_article](https://wwwnc.cdc.gov/eid/article/26/8/20-1274_article)
- <https://www.medrxiv.org/content/10.1101/2020.04.04.20053058v1.full.pdf>



Saginaw County  
**HEALTH DEPARTMENT**